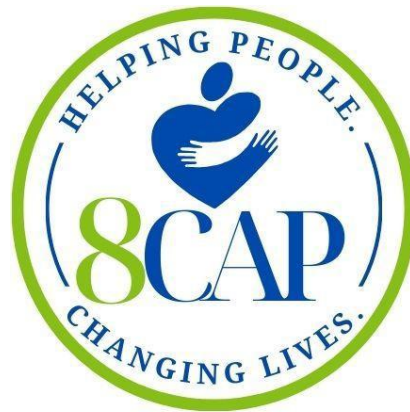


EightCAP, Inc.

Community Resource Directory



Ionia County 2026

... a Community Action Agency – Lori Johnson, President

Administrative Office
5827 Orleans Road, Orleans, MI 48865
Phone: (616) 754-9315
Fax: (616) 754-9310
Michigan Relay Center: (800) 649-3777 (Voice and TDD)

EightCAP, Inc. is an equal opportunity employer/program.
Auxiliary aids and services are available upon request to individuals with disabilities.

Online version available at
www.8cap.org

In this directory you will find valuable information regarding:

- Quick Find Numbers (Pages 5-8)
- Hotline Numbers (Pages 9-10)
- Food (Pages 3-4, 11-12)
- Community Meals (Page 13)
- Community Resources (Pages 14-31)
- Michigan Government Directory (Page 32)

At the time of this printing all information in the directory was accurate, but it can change at any time as we become aware of any changes. For the most current version of this directory, please visit our website at www.eightcap.org.

EightCAP, Inc. improves our community by partnering with private, government, and community organizations to deliver programs to low-income residents that alleviate the local causes of poverty and its effects. Programs offered through EightCAP are as follows:

COMMUNITY SERVICES - EightCAP, Inc. Community Services assist income-eligible households with heat and utility assistance, food distributions, transportation vouchers for employment purposes or medical appointments, medical prescription copays, and various needs depending on funding availability. Community Services also offers assistance with MI Bridges, food pantry information and distributions, and referrals to other services not provided by EightCAP. The Emergency Assistance Application is located on our website, www.eightcap.org.

HOUSING PROGRAMS – EightCAP, Inc. Housing Programs assist low-income households with rental assistance, deposit assistance, emergency shelter (hotel/motel vouchers) and limited utility payment assistance. These services are offered through the Emergency Solutions Grant and the Emergency Shelter Program. As the Housing Assessment and Resource Agency (HARA) in the county, EightCAP registers and places homeless households on the Housing Choice Voucher Waitlist with a Homeless Preference Code.

Through the Supportive Services for Veterans Families, services can include; rental assistance, deposit assistance, emergency shelter stays, moving costs, emergency housing services, transportation assistance and limited car repair assistance. These services are available to low-income households, who have served at least one-day active duty and were discharged under any other circumstances than dishonorable.

The Rapid Rehousing Program is available to literally homeless households (some conditions may apply). This program may pay up to 18 months of rental assistance and security deposit. It is an intensive case management program where clients work to address barriers that are present and develop skills to retain housing and become self-sufficient.

The HUD Rapid Rehousing Program is an income-based program available to literally homeless households. This program provides intensive case management, as well as up to 24 months of rental assistance and security deposit.



**Commodity Food Distribution Sites, Income Guidelines, & Schedule
October 1, 2025 – September 30, 2026**

Please remain in your vehicle and safely pull your vehicle into line at the food truck. Participants will not sign for the food boxes; a representative will check you in and then place your food boxes in your trunk. DO NOT ENTER THE BUILDING. Thank you.

The **Commodity Supplemental Food Program (CSFP)** is a food program for those 60yrs+ and fall within the income guidelines listed below. For those eligible, supplemental boxes (2) of food are delivered every other month at a site(s) in each county. Two boxes are allowed every other month (One box for each month). To apply, please call 616-228-1215.

CSFP Guidelines

Household Size	Yearly	Monthly
1	\$23,940	\$1,995
2	\$32,460	\$2,705
3	\$40,980	\$3,415
4	\$49,500	\$4,125
5	\$58,020	\$4,835
6	\$66,540	\$5,545
For Each Additional Household Member Add:	\$8,520	\$710

CSFP Site and Schedule

Site	Dates	Time
Alma Elks Lodge 610 W. Warwick, Alma	Oct. 15, 2025; Dec. 10, 2025; Feb. 11, 2026; Apr. 15, 2026; Jun. 10, 2026; Aug. 12, 2026	10:00 am-11:30am
Gratiot Commission on Aging 515 W Pine River, Ithaca	Oct. 15, 2025; Dec. 10, 2025; Feb. 11, 2026; Apr. 15, 2026; Jun. 10, 2026; Aug. 12, 2026	12:30 pm - 1:30pm
Ionia Moose Lodge 869 E Lincoln Ave., Ionia	Oct. 22, 2025; Dec. 17, 2025; Feb. 18, 2026; Apr. 22, 2026; Jun. 17, 2026; Aug. 19, 2026	9:30 am - 10:30 am
Immanuel Lutheran Church 320 S Bradley, Mt. Pleasant	Oct. 22, 2025; Dec. 17, 2025; Feb. 18, 2026; Apr. 22, 2026; Jun. 17, 2026; Aug. 19, 2026	12:00pm- 1:00pm
Arms of Love, 1200 N Lafayette St, Greenville	Oct. 28, 2025; Dec. 23, 2025; Feb. 24, 2026; Apr. 28, 2026; Jun. 23, 2026; Aug. 25, 2026	10:00 am - 12:00am
Grace Community Church 9920 Reed Rd, Howard City	Oct. 28, 2025; Dec. 23, 2025; Feb. 24, 2026; Apr. 28, 2026; Jun. 23, 2026; Aug. 25, 2026	1:00 pm - 2:00 pm

* Holiday Breaks may affect the dates listed.

Quick Find Phone Numbers

Use the **Quick Find Index** pages as a quick reference for phone numbers. See the Community Resource pages for further agency information.

<u>Child/Adult</u>	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	Relief After Violent Encounter (RAVE).....	(616) 527-3351
<u>Budgeting/ Financial</u>	MSU-Extension.....	(989) 875-5233
	Women’s Resource Center.....	(616) 458-5443
<u>Clothing</u>	Christian Service Center	(616) 527-1530
	Encountering Lives Baby Pantry	(616) 794-5080
	Goodwill Stores-Belding.....	(616) 794-9845
	Goodwill Stores-Ionia	(616) 527-4404
	Goodwill Stores-Portland.....	(517) 940-4885
<u>Counseling Services/ Mental Health</u>	Four Health Family Resource Center.....	(616) 642-6466
	Mid State Health Network-MSHN.....	(844) 405-3095
	Relief After Violent Encounter (RAVE).....	(616) 527-3351
	River’s Edge Drop In Center.....	(616) 522-9773
	The Right Door.....	(888) 527-1790
	Two Rivers Counseling.....	(616) 647-4747
	Viewpoint Counseling.....	(616) 523-6537
<u>Disability/ Special Needs</u>	Area Agency on Aging.....	(616) 456-5664
	Build Up Michigan.....	(888) 320-8384
	Ionia County Intermediate School District-ICISD	(616) 527-4900
	Social Security Administration.....	(877) 405-7667
	Special Olympics Michigan	(989) 774-3911
	The Right Door.....	(888) 527-1790
<u>Education For Adults</u>	Belding Community Education	(616) 794-4646
	Davenport University	(800) 968-9710
	Federal Student Aid-FAFSA.....	(800) 433-3243
	Ionia County Carrer Center.....	(616) 527-6540
	MICAN	(616) 527-4900
	Mid-Michigan Migrant & English Language Learners.....	(616) 794-4753
	Montcalm Community College.....	(989) 328-2111
	MSU-Extension.....	(989) 875-5233
	Portland Alternative & Community Education.....	(517) 647-2987
	Women’s Resource Center.....	(616) 458-5443
<u>Emergency</u>	American Red Cross	(616) 456-8661
	Lakewood Chamber of Commerce	(616) 374-8861
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	Poison Control Center.....	(800) 222-1222
	Relief After Violent Encounter (RAVE).....	(616) 527-3351
	Sheriff’s Department.....	(616) 527-5737
	The Salvation Army	(855) 929-1640

Employment

Services

Manpower (616) 527-6688
Michigan Department of Health & Human Services-MDHHS..... (616) 527-5200
West Michigan Works! (616) 389-8525
Women’s Resource Center..... (616) 458-5443

Food

Commission on Aging (Ionia County) (616) 527-5365
EightCAP, Inc (616) 754-9315
Ionia County Health Department (616) 527-5341
Lakewood Chamber of Commerce (616) 374-8861
Michigan Department of Health & Human Services-MDHHS..... (616) 527-5200

**Furniture/
Household**

Christian Service Center (616) 527-1530
Enrich (616) 522-1126
Habitat for Humanity ReStore..... (816) 523-6899
Sleep in Heavenly Peace (844) 432-2337

**Government
(City/
County)**

County Clerk (616) 527-5322
Friend of the Court (616) 527-5310
Sheriff’s Department (616) 527-5737
State Police..... (989) 352-8444

**Health/
Medical**

American Legion-Belding Post (616) 794-2841
American Legion-Saranac Post..... (616) 642-9674
Area Agency on Aging..... (616) 456-5664
Commission on Aging (Ionia County) (616) 527-5365
Hospice of Michigan (888) 247-5701
Ionia Area Hospice..... (616) 527-0681
Ionia County Health Department (616) 527-5341
Michigan Department of Health & Human Services-MDHHS..... (616) 527-5200
MICHild/Healthy Kids..... (888) 988-6300
Tri-County HomeWorks People Fund (800) 421-8956

**Homeless/
Housing
Services**

Area Agency on Aging..... (616) 456-5664
Belding Emergency Fund..... (616) 794-1900
EightCAP, Inc. Housing Hotline, ext. 3335 (866) 754-9315
Habitat for Humanity (616) 841-9202
Have Mercy..... (616) 225-8055
Ionia/Montcalm County Local Planning Body, ext.3364..... (616) 754-9315
McKinney-Vento Homeless Student Supports (616) 225-6126
Michigan Department of Health & Human Services-MDHHS..... (616) 527-5200
Michigan State Housing Development Authority-MSHDA (517) 241-0809
MSU-Extension..... (989) 875-5233
Relief After Violent Encounter (RAVE)..... (616) 527-3351
Tri-County HomeWorks People Fund (800) 421-8956
USDA Rural Development..... (800) 944-8119

**Infant/
Child/
Teen**

EightCAP, Inc./GSRP (616) 208-1580
Encountering Lives Baby Pantry..... (616) 794-5080
Ionia County Health Department (616) 527-5341

Infant/ Child	Ionia County Intermediate School District.....	(616) 527-4900
	Lions Club-Saranac	(616) 901-5473
<u>Teen (Cont.)</u>	McKinney-Vento Homeless Student Supports.....	(616) 225-6126
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	MiChild/Healthy Kids.....	(888) 988-6300
	MSU-Extension-4H.....	(616) 527-5357
	Special Olympics Michigan	(800) 644-6404
	The Right Door.....	(888) 527-1790
<u>Legal</u>	Dispute Resolution Center	(616) 774-0121
	Elder Law of Michigan	(866) 400-9164
	Farmworker Legal Services	(269) 492-7190
	Legal Aid of Western Michigan.....	(888) 783-8190
	Michigan Legal Help.....	See Website
	Michigan Migrant Legal Services	(616) 454-5055
<u>Literacy</u>	Ionia County Literacy Council.....	(616) 389-8529
<u>Military/ Veterans</u>	American Red Cross of Greater grand rapids	(616) 456-8661
	Buddy-to-Buddy	(800) 642-4838
	HUD-VASH.....	(616) 356-1746
	Michigan State University Extention	(888) 678-3464
	Michigan Veterans Affairs Agency	(800) 648-4838
	Military OneSource.....	(800) 342-9647
	Supportive Services for veteran Families (EightCap, Inc.).....	(866) 754-9315
	United States Department of Veteran Affairs (VA).....	(844) 698-2411
	Veterans Crisis Line.....	(800) 273-8255
	Veterans4USA.....	(616) 418-8797
	VFW National Home for Children.....	(800) 313-4200
<u>Nutrition</u>	Ionia County Health Department	(616) 527-5341
	MSU-Extension.....	(616) 527-5357
<u>Parenting</u>	Adoptive Family Support Network.....	(616) 458-7945
	Encountering Lives Baby Pantry	(616) 794-5080
	Four Health Family Resource Center.....	(616) 642-6466
	Great Start to Quality	(877) 614-7328
	Ionia County Health Department	(616) 527-5341
	Ionia County Intermediate School District.....	(616) 527-4900
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	MSU-Extension.....	(989) 875-5233
	Women’s Resource Center.....	(616) 458-5443
<u>Pregnancy Services</u>	Alpha Family Center of Lowell	(616) 987-9533
	Alpha Family Services of Greenville	(616) 225-2265
	Michigan Doula Registry.....	website link: MDHHS Doula Registry
	Ionia County Health Department	(616) 527-5341
	Positive Solutions Informed Choices-PSIC	(616) 755-6077
<u>Preschool</u>	EightCAP, Inc 0-5 Head Start/GSRP	(866) 754-9315
	Ionia County Intermediate School District.....	(616) 527-4900

Schools- Public/ Charter	Belding Public Schools	(616) 794-4700
	Flat River Academy	(616) 754-9360
	Ionia County Career Center	(616) 527-6540
	Ionia County Intermediate School District.....	(616) 527-4900
	Ionia Public Schools.....	(616) 527-9280
	Lakewood Public Schools	(616) 374-8043
	Portland Public Schools	(517) 647-4161
	Saranac Community Schools	(616) 642-1400
Senior Citizens	Area Agency on Aging.....	(616) 456-5664
	Commission on Aging (Ionia County)	(616) 527-5365
	EightCAP, Inc	(616) 754-9315
	Portland Area Service Group	(517) 647-4004
	Social Security Administration.....	(877) 405-7667
Substance Abuse	Alcoholics' Anonymous.....	(800) 821-3014
	Ionia County Health Department-ICHHD	(616) 527-5341
	Mid State Health Network-MSHN.....	(844) 405-3095
	Montcalm Alano Club.....	(616) 232-2002
	Randy's House of Greenville	(616) 232-2915
	The Right Door.....	(888) 527-1790
Tax Assistance	Commission on Aging (Ionia County)	(616) 527-5365
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
Trans- portation	Belding Dial-A-Ride/Bel-hop	(616) 794-3278
	Commission on Aging (Ionia County)	(616) 527-5365
	Ionia Dial-A-Ride/I-Dart.....	(616) 527-4000
Utility Assistance	Assurance Wireless (free cell phone).....	(888) 321-5880
	Belding Emergency Fund.....	(616) 794-1900
	EightCAP, Inc. (heat/utility)	(616) 754-9315
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	SafeLink (free cell phone).....	(800) 773-9328
	The Salvation Army	(855) 929-1640
	Tri-County HomeWorks People Fund (heat/utility).....	(800) 421-8956
Volunteer Services	Commission on Aging (Ionia County)	(616) 527-5365
	Habitat for Humanity	(616) 841-9202
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	United Way Montcalm-Ionia Counties	(616) 794-9840



2-1-1 connects you with thousands of nonprofit and government resources in your area. Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. All the time. Just call, text, or search online and we'll get you connected.

Phone: Dial 211 or 1-800-887-1107; Text: your zip code to 898211; Live Chat: [HWMUW.ORG/211](https://www.hwmuw.org/211)

Hotline Numbers

ALCOHOL/DRUG ABUSE HELPLINE & TREATMENT	(844) 289-0879 www.drughelpline.org
BOYS & GIRLS TOWN NATIONAL HOTLINE	(800) 448-3000 www.boystown.org
CENTER FOR DISEASE CONTROL & PREVENTION INFORMATION	(800) 232-4636 www.cdc.gov
CENTER FOR MISSING & EXPLOITED CHILDREN	(800) 843-5678 www.missingkids.com
CHILD & ADULT LICENSING COMPLAINTS (ABUSE AND NEGLECT)	(855) 444-3911 www.michigan.gov/mdhhs
CHILD FIND OF AMERICA	(800) 426-5678 www.childfindofamerica.org
CHILD HELP USA INFORMATION CENTER	(800) 422-4453 www.childhelp.org
CHILD SUPPORT PAYMENTS (MISDU OFFICE OF CHILD SUPPORT)	(877) 543-2660 www.misdu.com
CHILDREN'S SPECIAL HEALTH CARE SERVICES FAMILY CENTER	(800) 359-3722 www.michigan.gov/mdhhs
CONSUMER CREDIT COUNSELING SERVICE	(800) 388-2227 www.nfcc.org
CONSUMER PRODUCT SAFETY COMMISSION	(800) 638-2772 www.cpsc.gov
DEPRESSION AFTER DELIVERY	(800) 944-4773 www.postpartum.net
DOMESTIC VIOLENCE NATIONAL HELPLINE	(800) 799-7233 www.thehotline.org
EIGHTCAP'S HOUSING & HOMELESS HOTLIN	(866) 754-9315 x3335 www.eightcap.org
FOOD & NUTRITION PROGRAM HELPLINE (SNAP)	(855) 275-6424 www.fns.usda.gov
HUMAN TRAFFICKING HOTLINE	(888) 373-7888 www.humantraffickinghotline.org

MEDICAID HELPLINE (MICHIGAN)	(888) 367-6557 www.mihealth.org
MI-RX DISCOUNT CARD	(800) 259-8016 www.mihealth.org
MICHIGAN ASSOCIATION ON PROBLEM GAMBLING HELPLINE	(800) 270-7117 www.michapg.com
MOTHERS AGAINST DRUNK DRIVING (MADD)	(877) 623-3435 www.madd.org
NATIONAL RUNAWAY SAFELINE	(800) 786-2929 www.1800runaway.org
POISON CONTROL	(800) 222-1222 www.poisonhelp.org
SAFE DELIVERY OF NEWBORNS	(866) 733-7733 www.michigan.gov/mdhhs
SEXUAL ASSAULT HOTLINE	(800) 656-4673 www.rainn.org
SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION	(800) 662-4357 www.samhsa.gov
SUICIDE PREVENTION NATIONAL LIFELINE	(800) 273-8255 www.suicidepreventionlifeline.org
THE HEAT & WARMTH FUND (THAW)	(800) 866-8429 www.thawfund.org
THURSDAY'S CHILD	(800) 872-5437 www.thursdayschild.org
USDA MEAT AND POULTRY HOTLINE	(888) 674-6854 www.usda.gov
USDA NATIONAL HUNGER HOTLINE	(866) 348-6479 www.fns.usda.gov
VETERAN'S CRISIS LINE - VETERAN'S AFFAIRS	(800) 273-8255 www.veteranscrisisline.net
VULNERABLE CHILDREN, ADULTS & SENIORS HELPLINE	(855) 444-3911 www.michigan.gov/mdhhs
WE TIP HOT LINE (ANONYMOUS CRIME REPORTING HOTLINE)	(800) 782-7463 www.wetip.com

Food Pantries

BELDING

ENCOUNTERING LIVES BABY PANTRY

(616) 794-5080

1213 W State Street, Belding MI 48809

Open the second Thursday of the month 9:00 am - 11:00 am and 5:30 pm - 7:30 pm.

If you live in Belding, Dial-a-Ride is offering free transportation to the baby pantry during the scheduled morning hours only.

ST. JOSEPH-ST MARY CATHOLIC CHURCH-BELDING FOOD PANTRY (616) 794-2145

409 S Bridge Street (Old School Section), Belding, MI 48809

www.saintscjm.com

Open Thursdays (except for holidays) from 2:00 pm - 4:00 pm. Participants must sign in and provide an address although they do not have residency requirements. Food may be accessed once a month.

IONIA

Illuminate Food Pantry

(616) 523-6056

83 E Tuttle Road, Ionia, MI 48846

Food pantry and clothing Monday, Wednesday and Friday 11:00AM to 1:00 PM. Call ahead for appointments in emergency situations.

IONIA SEVENTH DAY ADVENTIST CHURCH

(616) 527-6465

721 Elmwood Drive, Ionia, MI 48846

www.ioniami.adventistchurch.org

Food pantry open every second, fourth, and fifth Tuesday from 9:30 am – 2:00 pm. Clothing may be available.

ZION UNITED METHODIST CHURCH

(616) 527-1910

423 W Washington Street, Ionia, MI 48846

Food Bank Hours: Wednesday 2:00 pm - 4:30 pm. Office Hours: Monday – Thursday 9:00 am – 1:00 pm. Mobile food truck is every second Tuesday at 4:00 pm at the Fair Grounds (except July, which is at Zion Church and in Dec, Jan. & Feb it is located at the Public Safety building). Families must bring their own containers.

LAKE ODESSA

FIRST CONGREGATIONAL CHURCH

(616) 374-8753

767 Fourth Avenue, Lake Odessa, MI 48849

Appointments needed. Please call ahead

MANNA'S MARKET PANTRY

(269) 838-5887

7180 Velte Road, Lake Odessa, MI 48849 (PO Box 18, Woodland, MI 48897) www.mannasmarket.org

Monday 10:00 am – 2:00 pm; Thursday 4:00 pm – 7:00 pm; Friday 10:00 am - 12:00 pm, and 5:00 pm – 7:00 pm. Serves Barry, parts of Eaton & Ionia Counties; North to I96 corridor, West to Clarksville/Saranac area and East to Portland area. Clothing, food, baby items.

Helps once a month. Must show proof that residence is south of I-96. Proof of income is also required for all adults in the household.

LAKE ODESSA - CONTINUED

PLEASANT VALLEY UNITED BRETHREN

(616) 693-2265

13120 Bell Road, Lake Odessa, MI 48849

Food and baby pantry: Wednesday 4:00 pm - 6:00 pm; and Friday 11:00 am - 1:00 pm.

ORLEANS

SHILOH COMMUNITY CHURCH

(616) 761-3584

8197 Heth Street, Orleans, MI 48865

www.shilohcc.org

Call Monday – Thursday 9:00 am – 3:00 pm to receive food. The food pantry is open on Mondays from 11:00 am – 12:00 pm. Pantry assistance available six (6) times per year.

PORTLAND

EPIC COMMUNITY CHURCH

(517) 647-7750

1455 E Grand River Avenue, Portland, MI 48875

www.epic-community.org

Food pantry is first Saturday of the month, by appointment only, 9:00 am - 12:00 pm. Call to schedule. Emergency needs appointments may be made throughout the month by calling.

FIRST CONGREGATIONAL CHURCH

(517) 647-6441

421 E Bridge Street, Portland, MI 48875

Food pantry Tuesdays 9:00 am – 11:00 am & Wednesdays 5:00 pm – 7 pm, by appointment only. Please call to schedule.

PORTLAND COMMUNITY FOOD BANK

(517) 647-4649

Portland Methodist Church, 310 E Bridge Street, Portland, MI 48875

www.portlandumc.org

Food pantry open Mondays 9:00 am – 12:00 pm and Thursdays 1:00 pm – 7:00 pm. Proof of income required. Available to Portland School residents, once per 6 weeks.

SARANAC

SARANAC COMMUNITY CHURCH

(616) 642-6322

125 S Bridge Street, Saranac, MI 48881

www.saranacchurch.org

Food pantry is open every 1st and 3rd Thursdays from 2:00 pm - 4:00 pm for residents of Saranac and Clarksville, no appointment needed. Families may come once per month.

Congregate Meals

BELDING MINISTERIAL ASSOCIATION

(616) 794-2145

God's Kitchen: 409 S Bridge Street, Belding, MI 48846

Thursdays at 4:30 pm - 6:00 pm. ID required as proof of Belding residency.

FIRST CONGREGATIONAL CHURCH

(517) 647-6441

421 E Bridge Street, Portland, MI 48875

Mondays at 4:00 pm - 6:00 pm. Meals available September-May

FIRST UNITED METHODIST CHURCH

(616) 527-1860

105 E Main Street, Ionia, MI 48846

Mondays at 6:00 pm

ZION UNITED METHODIST CHURCH

(616) 527-1910

423 W Washington Street, Ionia, MI 48846

Soup Kitchen Meals are served on Thursdays at 6:00 pm, arrival time is from 5:30 pm – 6:00 pm.

MEALS ON WHEELS- IONIA COMMISSION ON AGING

(616) 527-5365

115 Hudson Street Ionia, MI 48846

Mondays, Wednesdays, and Fridays each week. We deliver a mix of hot meals, cold meals, and frozen meals, home-cooked from our kitchen. Drivers will not enter homes to maintain safe social distancing. Holidays may result in delivery schedule changes. Ionia county residents aged sixty and over who are homebound (unable to leave their home on a regular basis without assistance) or need additional support. A suggested donation of \$3.00 per meal is required to help cover costs.

Other Food Resources

DOUBLE UP FOOD BUCKS

(866) 586-2796

www.doubleupfoodbucks.org

The way this program works is that anyone with food stamps can double their dollars when they shop for MI-grown fruits and vegetables at participating locations, please go to website for list of participating locations or email to info@doubleupfoodbucks.org

FEEDING AMERICA WEST MICHIGAN FOOD BANK

(616) 784-3250

864 West River Drive, Comstock Park, MI 49321

www.feedwm.org

Feeding America West Michigan exists to ensure safe food is available to the hungry in our community. Their mission is to gather and distribute food to relieve hunger and increase food security in West Michigan and the Upper Peninsula.

IONIA COUNTY COMMISSION ON AGING

(616) 527-5365

115 Hudson Street, Ionia, MI 48846

www.ioniacounty.org/commission-on-aging

Senior Meals, congregate meals and home-delivered meals for people age 60 or over.

Community Resources

ADOPTIVE FAMILY SUPPORT NETWORK

(616) 458-7945

805 Leonard Street NE, Grand Rapids, MI 49503

www.afsn.org

Offers support groups, workshops and general information to all adoptive families in Michigan.

Email for additional information at info@dabsj.org

ALCOHOLICS ANONYMOUS (AA)

(616)527-5341

Call Ionia County Health Department for local listings

www.aa.org

Provides local listings for educational services for persons with alcohol, drug, or other related concerns. Services are also offered to families and friends of chemically dependent people.

ALPHA FAMILY CENTER OF LOWELL

(616) 987-9533

519 E Main Street, Lowell, MI 49331

www.afclowell.org

Free pregnancy tests, free GED classes, free ultrasounds, material assistance through Earn While You Learn (EWYL) program, free English as a Second Language classes, Mom's Night Out, and referrals to outside resources. Hours: Monday and Wednesday 10:00 am to 4:00 pm Tuesday and Thursday 10:00 am to 7:00 pm.

ALPHA FAMILY SERVICES OF GREENVILLE

(616) 225-2265

705 N Hillcrest Street, Greenville, MI 48838

www.alphafamilycenter.org

Hours: Monday 8:00 am - 3:00pm, Tuesday 8:00 am - 7:00 pm, Wednesday 8:00 am – 2:30 pm, Thursday 8:00 am – 2:30:00 pm (office hours only, client services not offered) and Friday-
Ultrasounds, call for details. Free and confidential services offered: pregnancy testing; confidential peer counseling; information on adoption and STD's; ultrasounds (restrictions apply); communications in relationships program; abortion information; post abortion classes; financial planning program; Earn-While-You-Learn parenting education program—practical assistance with clothing, diapers, formula, cribs, car seats, Bible studies, men's fraternity and more. Most services call for an appointment except for pregnancy testing.

ALPHA FAMILY SERVICE OF LAKE ODESSA

(616) 537-4200

1040 Fourth Ave Lake Odessa, MI 48849

www.belding.michlibrary.org

Hours: Tuesday 9:00am to 12:00 pm, Wednesday 1:00 pm to 7:00 pm, Thursday 4:00 pm to 7:00 pm. Free pregnancy test, Free GED classes, free ultrasound, material assistance through Earn While You Learn (EWYL) program, free English as a Second Language classes, Mom's Night Out, and referrals to outside resources.

AMERICAN LEGION POST

Belding Post 203 - 121 S Broas Street, Belding, MI 48809

(616) 794-2841

Saranac Post 175- 69 N Bridge Street, Saranac, MI 48881

(616) 642-9674

Lends people (Belding and Saranac areas) crutches, wheelchairs and other hospital equipment. A deposit is required but is refundable when items are returned.

AMERICAN RED CROSS**(800) 482-2411(24 hr. Emergency) or (616) 456-8661***1050 Fuller Avenue NE, Grand Rapids MI 49503*www.redcross.org/mi/grand-rapids

American Red Cross offers disaster relief services to families affected by natural or man-made disasters, as well as services to military families, and a wide range of health and safety education courses, such as CPR, First Aid & more. Red Cross also offers blood drives.

AREA AGENCY ON AGING**(616) 456-5664***3215 Eaglecrest Drive NE, Grand Rapids, MI 49525*www.aaawm.org

AAAWM provides older persons and persons with disability an array of services and support designed to help them remain in their own homes and communities. AAAWM offers in-home care programs, including MI Choice Medicaid Waiver and Care Management to help provide these services to seniors on a long-term basis. AAAWM provides many more services designed for seniors and for caregivers to promote living independently.

BELDING COMMUNITY EDUCATION**(616) 794-4646***1975 Orchard Street, Belding, MI 48809*www.bas-k12.org

Provides adult education, alternative education, teenage parent program, adult enrichment program, and G.E.D. classes.

BELDING EMERGENCY FUND**(616) 794-1900***120 S Pleasant Street, Belding, MI 48809*www.ci.belding.mi.us

Applications available at Belding City Hall, Monday – Thursday. Assistance for housing (rentals only) or utility emergencies, no emergency shelter. Must have DHHS decision notice and copy of the bill. Belding School District residents only.

BETTER BUSINESS BUREAU MILITARY LINE**(800) 684-3222**

Has an agreement with the Department of Defense to offer its well-known consumer education and advocacy services to experiences and circumstances unique to the military. As a partner in the Department of Defense (DOD) Financial Readiness Campaign, BBB Military Line® brings BBB services to military personnel (including Reservists and National Guard), retirees, DOD civilians, and their families. Through Memoranda of Understanding with the Army, Navy, Air Force and Marine Corps, and through status as a Coast Guard Qualified Organization, BBB Military Line offers a variety of free services and consumer education to the military via local BBB outreach.

BLUE STAR MOTHERS OF IONIA, KENT AND MONTCALM COUNTIES**(989) 814-0650**

Chapter # 188

email: president.deptmi@bluestarmothers.us

We are mothers, stepmothers, grandmothers, foster mothers and female legal guardians who have children serving in the military, guard or reserves, or children who are veterans. We support each other and our children while promoting patriotism. Our organization focuses on our mission every single day and will never, ever, forsake our troops, our veterans or the families of our Fallen Heroes.

BUDDY-TO-BUDDY**(888) 822-8339**www.buddytobuddy.org

Trained Volunteer Veterans help military service members overcome the stigma around asking for help and link those who are facing challenges throughout the deployment cycle with appropriate resources that will optimize their quality of life. Volunteer Veterans are trained to help veterans and service members address issues ranging from accessing financial, employment, legal, benefit, or educational resources to identifying mental health providers for emotional, substance abuse, or relationship concerns. Services are provided to Michigan service members and veterans, members of Michigan Army National Guard, and reservists residing in Michigan.

CATHOLIC CHARITIES WEST MICHIGAN**After hours: (616) 456-1443****(616) 855-5923***406 N State Street, Suite D, PO Box 480, Stanton, MI 48888*www.ccwestmi.org

Hours: Monday-Thursday 8:30 am – 5:00 pm. Provides help to stabilize and strengthen families

and children of all faiths through individual and family counseling, pregnancy support, adoption and child abuse prevention program. Fees are based on a sliding scale determined by family size and income.

CELL PHONES

Safe Link Wireless

www.safelinkwireless.com **(800) 723-3546**

Assurance Wireless

www.assurancewireless.com **(888) 321-5880**

If you receive food stamps, Medicaid, SSI, or have low income you may be eligible for a program that offers free cell phones and minutes. Applications are available at EightCAP, Inc. offices. Visit www.freegovernmentcellphones.net for more information on providers and plans in your area.

CHRISTIAN SERVICE CENTER

(616) 527-1530

301 W Washington Street, Ionia, MI 48846

Hours: Tuesday & Wednesday 9:00 am - 12:00 pm & 1:00 pm - 4 pm and Saturday 9 - noon.

Collects and distributes donated clothing and household items.

COMMISSION ON AGING (IONIA COUNTY)

(616) 527-5365

115 Hudson Street, Ionia, MI 48846

www.ioniacounty.org/commission-on-aging

Provides programs to senior citizens including prescription assistance, respite care, home health aides, homemaker program, home delivered & congregate meals, tax preparation, transportation, caregiver services, Medicare and Medicaid Counseling, Senior Project Fresh program, wellness programs, and an adult activity center.

DIAL-A-RIDE

Belding

(616) 794-3278

100 Depot Street, Belding, MI 48809

Provides transportation services within the Belding area and from Belding to Greenville, and Ionia. Transportation Hours: Monday-Friday 6:30 am – 4:15 pm; Saturday 9:00 am - 1:30 pm; Transportation Hours to Ionia: 8:30 am & 1:00 pm. Fares (One way): Children, senior citizens, & persons with a disability card \$1.50; Students \$2.50; Adults \$3.00.

Ionia (IDART)

(616) 527-4000

251 E Adams Street, Ionia, MI 48846

Provides curbside public transportation to Ionia, Easton, and Berlin townships, city of Ionia, and a section of Orange Township. 24-hour notice encouraged, but will take same day phone calls.

Transportation Hours: Monday-Friday 6:30 am – 4:45 pm; Saturday 9:00 am - 1:00 pm

Fares (One way): Children, senior citizens (62 years and over), persons with a disability card, and Pre-K Students \$1.50; Students (K-12) \$2.00; Adults and all other passengers \$3.00.

Children 2 years and under are free with paying adult. Punch cards are also available.

DISPUTE RESOLUTION CENTER OF WEST MICHIGAN

(616) 774-0121

678 Front Avenue NW, Suite 250, Grand Rapid, MI 49504

www.drcwm.org

Email: info@drcwm.org

Free to low-cost mediation services. Confidential, convenient, and effective. Mediation is a voluntary process that can be used to resolve a wide variety of disputes: divorce, custody, parenting time, landlord-tenant, neighbor conflict, employment matters, school matters, divorce, business disputes, or legal cases. Mediation provided in your area. You don't have to drive to Grand Rapids.

We also provide restorative practices facilitation and training!

DOULA SERVICES (MICHIGAN DOULA REGISTRY)

website link: [MDHHS Doula Registry](#)

A doula is a trained professional who provides non-medical physical, emotional, and informational support during pregnancy, labor, birth, and the postpartum period. Doulas can help families prepare for childbirth,

support parents during labor and delivery, and assist with infant care and recovery after birth. Visit the Michigan Doula Registry to locate registered doulas and learn more about available services.

EIGHTCAP, INC.

5827 Orleans Road, Orleans, MI 48865

(866) 754-9315 or (616) 754-9315

www.eightcap.org

Administrative Offices

5827 Orleans Rd., Orleans, MI 48865

(866) 754-9315 or (616) 754-9315

Self-Sufficiency Services

(616) 754-9315

Community Services: (616) 754-9315 ext. 1309(call for more information)

- Heat/utility assistance when funding is available
- Referrals to food banks, legal services, etc.
- Computer Access Station- Use this FREE service to discover other helpful information that goes beyond EightCAP Community Services range of assistance.
- TEFAP & CSFP Commodity Programs available

Clients will be seen by appointment only for heat/utility assistance. For heat/utility assistance, an Emergency Assistance Application must be filled out and submitted to the mailing address above. The application can be found on our website, www.eightcap.org.

Homeless & Housing Assistance Programs:

Call the Housing Hotline at (866) 754-9315 ext. 3335 to do a pre-screen if you are literally homeless, have a court ordered eviction notice, or at risk of becoming homeless, and are in need of homeless/housing assistance. Services available may include: Rental/Deposit Assistance.

Foster Grandparents

(616) 754-9315 ext. 3355

Men and women 55 years and older volunteer a minimum of 15 hours a week in public schools, Head Start centers, etc. to work with children and families. The Foster Grandparents are participating in the American Reads Challenge and America's Promise. Participants receive a stipend, mileage reimbursement, annual physical and a meal at their site.

Great Start Readiness Program (GSRP)

(616) 754-9315 ext. 3369

A state funded preschool program for children who are four years of age or will be four by September 1st of the program year. Children must meet specific income and eligibility criteria.

0-5 Head Start

(616) 754-9315 ext. 3369

A federally funded child development program serving pregnant women, infants, toddlers, and children thru age 5 years. Participants must meet specific income and eligibility criteria.

Senior Companions

(616) 754-9315 ext. 3361

Senior Companions are volunteers who are 55 years and older, income eligible and understand the challenges and importance of maintaining independence later in life. Senior Companions provide person-to-person, non-medical support to adults with chronic mental illnesses, developmental disabilities, physically frail elderly and those who are homebound. Senior Companions serve a minimum of 15 hours each week. They receive a small non-taxable stipend, reimbursement for meals and mileage, on-duty insurance, annual physical, and monthly trainings. There is no cost to the clients they serve.

Weatherization

(616) 754-9315 ext. 3420

- Free program that will help lower your fuel costs and make your home more energy efficient

Services offered: water heater insulation blanket, low-flow shower head/wall/ceiling/ floor insulation/ventilation, caulking, glass replacement, door sweeps, and weather stripping

- Proof of household income for the last 3 months
- Call for an appointment

ENGLISH AS A SECOND LANGUAGE (BELDING AREA SCHOOLS)**(616) 794-4602**

1975 Orchard Street, Belding, MI 48809

Offering an adult education program that includes high school completion, GED preparation, adult basic education, and “English as a Second Language” classes.

ENRICH**(616) 522-1126**

343 W Main Street, Ionia, MI 48846

www.enrichioniami.org

Resale store hours are Wednesdays & Fridays, 11:00 am – 4:00 pm (summer hours may vary, please call for times). Assists low-income families through the Community Circle program.

Provides used appliances and furniture for free to families with a need for them. There is also a store where other donated items can be purchased by the public. See website for more information.

FAMILY ASSISTANCE CENTER- GRAND VALLEY ARMORY**(517) 481-7323**

Family Assistance is a focal point of information by providing six essential services in times of contingency call up, mobilization, and large scale deployments. Family Assistance is critical in providing help to all military families during these long term or short term deployments. The Grand Valley regional Family Assistance Center provides assistance and referrals for families in a region of counties including Gratiot, Montcalm, Ionia and Isabella. Contact the Family Assistance Coordinator in the following counties: Gratiot and Isabella Counties-Melissa Alex (517) 481-7323; Ionia County-Stephanie Rogers (517) 481-8850; and Montcalm County-Ami Gould (616) 249-2741.

FARMWORKER LEGAL SERVICES**(269) 492-7190**

3030 S 9th Street, Suite 1A, Kalamazoo, MI 49009

www.farmworkerlaw.org

Farm Worker Legal Services is a division of Legal Services of South Central Michigan, providing free civil legal assistance to low-income persons, including migrant and seasonal farm workers.

FLS represents and assists migrant and seasonal farm workers with legal problems in the areas of employment, benefits, housing, education and immigration.

FEDERAL STUDENT AID (FAFSA) - FREE APPLICATION**(800) 433-3243**

www.fafsa.ed.gov

Information by phone: Monday-Friday 8:00 am – 11:00 pm, Sat & Sun 11:00 am – 5:00 pm.

FRIEND OF THE COURT**(877) 543-2660 or (616) 527-5310**

110 E Washington Street, PO Box 47, Ionia, MI 48846

www.ioniacounty.org/friend-of-the-court

Hours: Monday–Friday 8:30 am – 5:00 pm. The friend of the court office assists the court in custody and parenting time disputes. It enforces court orders when the parents are unable to resolve problems on their own.

GOODWILL RETAIL OUTLET STORES**(616) 527-4404**

153 W Sprague Road, Ionia, MI 48846

www.goodwill.org

Hours: Monday–Saturday 9:00 am - 8:00 pm & Sunday 11:00 am - 6:00 pm. Offers gently used or new merchandise at a fraction of its original price.

GREAT START TO QUALITY – CENTRAL CENTER**(877) 614-7328**

(Child Care and Early Learning Resources)

www.greatstarttoquality.org

Helps link parents and those caring for young children with the resources, supports, and services needed to give Michigan children a Great Start. Great Start to Quality is an online statewide

database of licensed, registered child care and early education programs in Michigan. Families can access this database 24-hours a day, seven days a week to quickly and conveniently search for and contact child care providers who match their needs.

HABITAT FOR HUMANITY OF IONIA COUNTY

(616) 841-9202

115 S Depot Street, Ionia, MI 48846

www.ioniahabitat.org

Become a Homeowner Partner:

To qualify to become a partner for a Habitat home, applicants must complete and return an application and document verification. The application is presented to a committee of educated decision makers on the topic of home ownership fiscal responsibility and fair housing laws. If you are selected to be a Homeowner Partner, you must attend a homeowner responsibility course and are required to do 250 sweat equity hours per adult in the household. The partner will then help build or rehabilitate a home and will be required to pay a small percentage of the sale price of their home as down payment and will have the responsibility of a mortgage payment that is no greater than 30% of their income.

A Brush with Kindness:

A Brush with Kindness (ABWK) is a program that started in the summer of 2016. ABWK helps low-income homeowners who struggle to maintain the exterior of their home reclaim their home with pride and dignity. Like our Homeowner Partnership, ABWK requires that service is provided to income eligible families, in need, who are willing to partner with Habitat, and pay for the repair services provided. **If you are interested in applying for ADWK, applications are available on our website at www.ioniahabitat.org. Volunteer Opportunities available too!**

Habitat ReStore:

A ReStore is a nonprofit home improvement store and donation center. At our ReStore, open to the general public, we sell new and gently used building materials, home improvement items, appliances and furniture at highly reduced prices. If you are 16 years of age or older and enjoy helping people and making a difference volunteer at the ReStore! We are looking for volunteers to help assist in unloading and prepping items for the sales floor, stocking shelves, and assisting customers. If you're interested in volunteering at the ReStore, please contact Habitat for Humanity of Ionia County at (616)841-9202. Interested in donating? You can drop donations off to the ReStore Shop during business hours at 113 S Depot in Ionia. We pick up! If you're unable to drop off your donation call (616) 841-9202 and schedule a pick up time.

HABITAT FOR HUMANITY RESTORE

(816) 523-6899

113 S Depot Ionia, MI 48846

A ReStore is a nonprofit home improvement store and donation center. At our ReStore, we sell new and gently used building materials, home improvement items, appliances, and furniture at highly reduced prices for homeowners. If you are 16 years of age or older and enjoy helping people and making a difference, volunteer at restore! We are looking for volunteers to help assist in unloading and prepping items for the sales floor, stocking shelves, and assisting customers. If you are interested in volunteering at the ReStore, please contact Habitat for Humanity for Ionia County. Interested in donating? You can drop donations off to the restore shop during business hours. We pick up! If you are unable to drop off your donations, call and schedule a pickup time.

HAVE MERCY

(616) 225-8055

1015 E Washington Street, Greenville, MI 48838

www.havemercymi.org

Appointment Hours: Monday - Friday 1:00 pm - 5:00 pm. Homeless services provider who assist those presently homeless with emergency shelter and necessary supports. Also aid clients in searching for and obtaining permanent housing. Serves Ionia, Montcalm, & Northeast Kent Counties.

A career center serving the students of Ionia County. Offers a variety of different programs including Aviation Technology, Computer Programming, Construction Technology, Criminal Justice, Culinary Arts, Diesel Technology, Healthcare Foundations, Health Occupations, Machine Tool, and Plant/Animal Science. Centers are located in the Ionia Educational Center, along with Ionia High School, Montcalm Community College Ionia Campus and the YMCA.

HOME IMPROVEMENTS AND STRUCTURAL ALTERATIONS (HISA) (844) 698-2311

www.prosthetics.va.gov/HISA2.asp

Under the Home Improvements and Structural Alterations (HISA) program Veterans with service-connected disabilities or Veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to Veterans who have received a medical determination indicating that improvements and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A Veteran may receive both a HISA grant and either a Special Home Adaptation (SHA) grant or a Special Adapted Housing (SAH) grant.

HOSPICE OF MICHIGAN (888) 247-5701

Call for local area information.

www.hom.org

Hospice of Michigan provides comprehensive, compassionate comfort care to people with acute chronic illness and support to their loved ones.

HUD-VASH (616) 356-1746

www.va.gov/homeless/hud-vash.asp

Veterans housing voucher program with HUD and the VA.

IONIA AREA HOSPICE (616) 527-0681

P.O. Box 124, Ionia, MI 48846

www.ioniahospice.org

Independent, local, community based Non-Profit hospice providing the utmost in compassionate, meaningful end-of-life care. 24/7 informational visits and/or admissions wherever you call home.

HOSPICE OF MICHIGAN (888) 247-5701

Call for local area information

www.hom.org

Hospice of Michigan provides comprehensive, compassionate comfort care to people with acute chronic illness and support to their loved ones

HOME IMPROVEMENTS AND STRUCTURAL ALTERATIONS (HISA)

www.prosthetics.va.gov/HISA2.asp

Under the Home Improvements and Structural Alteration (HISA) program veterans with service-connected disabilities or veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to veterans who have received a medical determination indicating that improvements and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A veteran may receive both a HISA grant and either a special home adaptation (SHA) grant or a special Adaptation Housing (SAH) grant.

IONIA COUNTY CLERK (616) 527-5322

100 W Main Street, Ionia, MI 48846

www.ioniacounty.org/county-clerk

Obtain birth, death, & marriage certificates, as well as conduct voter registration business.

To order an out-of-county Michigan birth certificate visit, www.michigan.gov/mdch.

We empower residents to live long and healthy lives by protecting the environment, providing health services, and educating the public to achieve positive health outcomes.

Environmental Health Division seeks to protect public health through the application of inspection and permitting activities in the areas of food service, sewage disposal and water supply, housing, nuisance abatement, and solid and hazardous waste elimination. Interaction with the public and with other regulatory agencies provides an opportunity for information to be exchanged, and for hazardous situations to be abated.

Hours for Environmental Health Division: Monday – Friday 8:00 am – 4:00 pm

Personal Health:

Hours for Personal Health are as follows: Monday, Tuesday, Thursday, & Friday 8:30 am – 4:30 pm and Wednesdays 11:00 am to 7:00 pm.

Services Offered:

Women Infants, and Children (WIC) is a Medicaid supplemental nutrition program for pregnant women and children 0 to 5 years of age.

Eligibility can quickly be determine with a phone call to the WIC Office 616-527-5337.

- Nutritional assessments and services are provided by a Registered Dietitian.
- Supplemental foods include yogurt, milk, cold and hot cereals, cheese, eggs, bean and peanut butter choices and bread.
- Special formulas are available for infants with feeding difficulties
- Within WIC there is a program focusing on breastfeeding provided by an Internationally Board Credited Lactation Counselor that includes classes and support groups to help mothers get started breastfeeding and to continue breastfeeding for as long as possible.
- Fluoride Varnish is a program for Medicaid clients 0 to 3 years of age; its purpose is to prevent childhood dental cavities.

General Communicable Disease Control:

- Some infectious disease are required to be reported to the Health Department by physicians and to the State of Michigan Department of Health and Human Services. Staff are knowledgeable and will help with that process. Some examples of reportable diseases are tuberculosis,

hepatitis, rabies, meningitis and others. Staff are available to answer any questions at 616-527-5341.

- Lead testing or screening is a program under Communicable Disease (CD) and available for children that are 12 months to 6 years of age. The screening test is a “finger poke” and if it is within normal range there is nothing more that needs to be done. If the screening results are high, a follow-up blood test is performed at the hospital and CD staff will assist you in discovering the environmental source of lead, order follow-up routine testing, offer information regarding making your home safer and nutritional tips to help keep your child stay healthy.
- Sexually Transmitted Infections offers testing for Chlamydia, Gonorrhea, and HIV. Chlamydia and Gonorrhea infections of individuals and their partners can be treated at the health department. HIV testing, if positive, requires referrals for further testing and medical care. All services are confidential.

Maternal Infant Health Home Visiting Program:

- This program is supported by Medicaid and/or a Medicaid Health Plan. The Program offers nursing and social work support, and nutritional services to pregnant women regarding

- pregnancy-related issues.
- After the baby is born, the program offers assistance with parenting skills, assessment of normal growth and development and assistance securing additional resources needed for the family.
- The maternal/infant program is intended to supplement prenatal and infant medical care by identifying health risk factors and delivering prescribed interventions.
- The ultimate goal of the Maternal Infant program is to promote healthy pregnancies and healthy babies.

Hearing and Vision screening for preschool and school aged children:

- Technicians provide both hearing and vision screenings in the schools.
- Hearing and Vision clinics are held periodically at the Health Department, by appointment. Call (616) 527-5341 to schedule a hearing and/or vision appointment.
- Any child that fails the screening exams is referred to a licensed eye doctor or an Ear, Nose, and Throat specialist for further evaluation as vision and hearing problems can lead to difficulties both at school and at home.

Children’s Special Health Care Services is a mandated Public Health program for children and youth with special health care needs and their families:

- Experienced staff provide required program services that include information regarding covered medical services including paying specialty medical bills, diagnostic referrals, transportation, family support sources, and knowledge of any additional community resources that could be of assistance to the family. Families of all incomes are eligible to join, including those with other health insurance.
- The goal of CSHCS is to help individuals with special health care needs to have improved health outcomes through appropriate medical care, health education and support.
- CSHCS promotes and incorporates parent/professional collaboration in all program aspects.
- If you have a child with special physical health care needs, please call 616-527-5341 ext. 442.

Immunizations are available to children and adults at ICHD walk-in clinics.

Hours for Immunization walk-in clinics are as follows: Monday, Tuesday, Thursday & Friday 8:30 am – 4:00 pm and Wednesdays 11:00 am – 6:00 pm.

IONIA COUNTY HEALTH DEPARTMENT

(CONTINUED)

- Children: A parent or guardian must accompany the child. Medicaid, Medicaid Health Plans and Blue Cross are insurances billed at the Health Department. A full range of CDC recommended vaccines are available to infants, children and teens.
- Adults: Travel vaccines and other adult vaccines are available and Blue Cross can be billed. Charges for adult vaccines vary according to the vaccine. If you have questions regarding the necessary vaccines for a safe and health trip, please call 616-527-5341 ext. 408.

IONIA COUNTY INTERMEDIATE SCHOOL DISTRICT (ICISD)

(616) 527-4900

2191 Harwood Road, Ionia, MI 48846

www.ioniaisd.org

A range of services and programs that include parenting support, developmental assessments, and programs for visually and hearing impaired.

Dolly Parton Imagination Library

www.ioniaisd.org

Program for children birth to five years old to receive a free book once per month. Must reside within the Ionia County Intermediate School District (*Belding, Ionia, Lakewood, Portland, and Saranac Schools*) to participate.

Early On

(800) 327-5966

www.1800earlyon.org

Families who have concerns regarding their child's speech, language, or development can call for a free evaluation. Serving children 0-3 years old by offering home visits and parent education.

Referrals can be made locally at www.ioniaisd.org, click on Early Childhood Programs and then select Early On.

Great Start Collaborative

(616) 437-0548

www.greatstartionia.org

A partnership of parents, community leaders, agencies, and organizations in Ionia County working together to support families and promote awareness on the importance of early childhood Experiences. Our goal is to ensure children are born healthy and developmentally on track birth to 3rd grade.

Great Start Readiness Program (GSRP)

(616) 527-4900

www.ioniaisd.org

Michigan's state-funded preschool program for children who turn 4 on or before September 1st of that school year and have factors which may place them at risk of educational failure. To strengthen learning at home and strengthen positive child outcomes, the program provides for active and continuous involvement of families in the learning process. Preschool applications may be found at the web site or check with your local elementary school.

Parent-Child Playgroups

(616) 527-4900

www.greatstartionia.org

Literacy based playgroups (in the districts of Ionia, Portland, and Belding) providing child development and resource information for any family with a child age birth to five years.

Share Program (0-3 Special Education Program)

(616) 522-1410

An early childhood special education program for eligible children that are newborn to three years old and their families providing developmental assessments, home visiting, playgroups, and a parent group.

Build Up Michigan

(888) 320-8384

240 S. Bridge St. Suite 250 Dewitt, MI 48820

www.buildupmi.org

IONIA COUNTY INTERMEDIATE SCHOOL DISTRICT (ICISD)

(CONTINUED)

Provides free development evaluations for children, ages 3-5 suspected of having a disability including speech and language impairment, physical impairment, visual impairment, hearing impairment, other health impairment or a developmental delay.

IONIA COUNTY LITERACY COUNCIL

(616) 389-8529

301 West Main Street, Ionia, MI 48846

www.ioniacountyliteracycouncil.org

Provides free tutoring services to adults, in Reading, Math, and English as a second language. The schedule and location of individual or small group tutoring is determined by each student and his/her tutor. The Literacy Council also offers opportunities to train as a volunteer tutor.

IONIA COUNTY SHERIFF'S DEPARTMENT

(616) 527-5737

133 E Adams Street, Ionia, MI 48846

LAKWOOD CHAMBER OF COMMERCE

(616) 374-8861

P.O. Box 485, Lake Odessa, MI 48849

Serving residents of the Lakewood School District through Christmas baskets for low-income households, emergency utility assistance, fire relief, and through local food pantry.

LEGAL AID OF WESTERN MICHIGAN (Ionia & Montcalm Counties)

(888) 783-8190

25 Division S., Suite 300, Grand Rapids, MI 49503

www.lawestmi.org

Legal Aid of Western Michigan (LAWM) is a nonprofit law firm providing free legal advice and representation to low income individuals in a broad range of areas including consumer cases, family matters, housing problems, government benefits, and more. You can apply for our services by

phone or online. To apply by phone, please call the Counsel and Advocacy Law Line (CALL) at (616) 774-0672 CALL is available Monday- Friday 9:00 am to 5:00 pm, closed 12:00 pm to 1:00 pm. Individuals who are deaf, hard of hearing or speech-impaired can call 616-727-0916, which is Legal Aid of Western Michigan's TTY number, or contact CALL using a relay service. To apply online, please visit www.lawestmi.org/i-need-help/.

FAMILY LAW – Our primary goals are ensuring safety and maintaining stable family relationships. Cases accepted include:

- Divorce for survivors of domestic violence
- In special circumstances, divorce to insure income maintenance and equitable property division
- Defense of custody for natural custodial parents within divorce, custody, support and paternity cases
- Defense of natural parents' rights in minor guardianship cases
- Personal Protection Order representation

HOUSING – Our primary goals are preventing homelessness, maintaining housing stability and access, and improving housing safety and quality. Cases accepted include:

- Eviction defense
- Representing clients facing loss of a federal housing subsidy or denied access to a federal housing subsidy
- Challenging mortgage foreclosures and predatory mortgage lending and servicing practices
- Challenging land contract forfeitures and option contracts
- Mobile home park litigation
- Tax forfeiture defense
- Challenging unfair housing practices

PUBLIC BENEFITS – Our primary goals are income maintenance, food security and health care access. Cases accepted include:

- Representation in Social Security appeals for individuals eligible for State Disability Assistance or receiving State Disability Assistance, cessation cases, and overpayment cases. Representation in administrative hearing/appeals regarding denial or loss of cash assistance, food assistance, child daycare assistance, Medicaid/CHIP assistance, home health benefits, unemployment benefits (including fraud assessments), and veteran's benefits.

CONSUMER MATTERS – Our primary goal is protecting client income and resources from scams to creditor abuses and other unfair practices. Cases accepted include:

- Defense of debt collection actions (including garnishment and repossessions)
- Auto purchase and auto insurance cases
- Bankruptcy for eligible debtors with special circumstances
- Litigation regarding consumer purchases, student loans, debt assignments, utilities and collection tactics

TAX – Our primary goal is preserving client income and assets.

- Tax controversies with the IRS

EDUCATION – Our primary goals is ensuring access to education. Cases accepted include:

- Expulsion hearings

INDIVIDUAL RIGHTS – Our primary goal is to remove barriers to employment and housing caused by criminal records or offender registries. Cases accepted include:

- Criminal record expungements

- Sex offender registry removal petitions
- Child abuse registry removal hearings

MANPOWER
(616) 527-6688

429 W Main Street, Ionia, MI 48846

www.manpower.com

Helps to find temporary and permanent job placement.

MCKINNEY VENTO HOMELESS STUDENT SUPPORTS
(616) 225-6126

621 New Street, P.O. 367, Stanton, MI 48888

Working with the students, families and schools to provide support, safety and success to students and their families experiencing homelessness. Working with agencies, churches and organizations to accomplish stability and school success for these students. “Leading, collaborating and serving to create education without Boundaries.”

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS) (616) 527-5200

920 E Lincoln Avenue, Ionia, MI 48846

www.michigan.gov/dhs

Office hours: Monday- Friday 8:00 a.m.- 5:00 p.m. Online applications for public assistance programs can be submitted anytime online through IBridges: www.michigan.gov/MIBRIDGES. A number of financial assistance programs are offered including food assistance (TANF/SNAP), medical assistance (Medicaid), child care funding assistance, cash assistance (disability/family assistance), and state emergency assistance (utility, shelter, repairs). Child and adult services related programs are also offered including crisis prevention services, child foster home licensing, foster care placement, home help assistance and volunteer services.

Adult/Child Protective Services

This number (855) 444-3911 is available 24 hours a day 7 days a week to report any incident of suspected child or adult abuse/neglect.

MICHIGAN LEGAL HELP

Free and accurate legal information for simple civil legal matters.

www.michiganlegalhelp.org

MICHIGAN MIGRANT LEGAL SERVICES
(616) 454-5055

1104 Fuller NE, Grand Rapids, MI 49503

www.migrantlegalaid.com

Provides legal services to indigent migrant & seasonal farm workers & their families, regardless of their immigration status.

MICHIGAN STATE HOUSING DEVELOPMENT AUTHORITY (MSHDA) (517) 241-0809

735 E Michigan Avenue, PO Box 30044, Lansing, MI 48909

www.michigan.gov/mshda

Call to obtain number of local agent. Provides financial and technical assistance through public & private partnerships to create and preserve safe/decent/affordable housing. Rental assistance and homeless solutions Housing Choice Voucher program (Section 8) applications.

MICHIGAN STATE POLICE
Emergencies call 911
(989) 352-8444

10300 Howard City-Edmore Road, Lakeview, MI 48850

www.michigan.gov/msp

Lobby hours: 8:00 am – 4:00 pm. This post covers Gratiot, Ionia & Montcalm Counties.

MICHIGAN STATE UNIVERSITY EXTENSION OFFICE
(616) 527-5357

50 E Sprague Road, Ionia, MI 48846

www.msue.msu.edu

Hours: Monday-Friday 8:30 am – 12:00pm and 1:00pm - 5:00pm. Services offered: Food and nutrition planning, 4-H, and budgeting skills. Provides information concerning agriculture and housing foreclosure prevention.

MICHIGAN BICKERS HELPING VETERANS

www.michigan.gov/dhs

A nonprofit charity that receives donated funds to distribute here in Michigan to provide assistance to families of the fallen and/ or wounded service personnel, or veterans in critical financial need. Helping in the form of financial help like bills, rent, or repairs. You can apply for help on our website.

MICHIGAN VETERANS AFFAIRS AGENCY

(800) 642-4838

www.michiganveterans.com

Serves as the central coordinating point for Michigan veterans, connecting those who have served in the U.S. Armed Forces, and their families, to services and benefits throughout the state. The agency works to identify and break down barriers veterans face in employment, education, health care and quality of life, making Michigan a great place for veterans and their families to call home. The agency aggregates veterans services currently found in 14 state agencies as well as hundreds of community-based veteran programs to create a no wrong door access to benefits and services.

MICHILD/HEALTHY KIDS

(888) 988-6300

www.healthcare4mi.com

Provides health insurance for uninsured children of Michigan's working families. Covers regular check-ups, shots, emergency dental care, pharmacy, hospital care, prenatal care and delivery, vision, hearing, mental health and substance abuse services for a \$10 monthly fee.

Go to www.michigan.gov/mibridges to apply online or to print paper application:

- Click on Health
- Click on MICHild Health Insurance Program
- Click on Application for Health Coverage
- Click on Apply by Paper (if need paper application)
- Print your document(s)

MID-MICHIGAN MIGRANT & ENGLISH LANGUAGE LEARNERS

(616) 794-4753

Operated by Belding Area Schools, 1975 Orchard Street, Belding, MI 48809

www.bas-k12.org

The program provides supplemental educational services for eligible migrant students and for English Language Learners (EL) in 18 school districts covering most of Montcalm, Ionia, Clinton, and Gratiot Counties. The primary purpose of the program is to provide direct instructional services

to eligible students, including a Parent Liaison/Community Liaison who helps to provide a communication link between home and school. The program also operates a 30-day summer school for eligible migrant and EL students in the four counties. Transportation provided to the schools in Belding & St. Johns from the four-county area.

MID STATE HEALTH NETWORK (MSHN)

(844) 405-3094

530 W Ionia Street, Lansing, MI 48933

midstatehealthnetwork.org

Coordinating agency for the eight county region of Clinton, Eaton, Gratiot, Hillsdale, Ingham, Ionia, Jackson, and Newaygo, for behavioral health and substance abuse services. Prepaid Inpatient Health Plan.

MONTCALM COMMUNITY COLLEGE - IONIA CENTER

(989) 328-2111

250 E Tuttle Road, Ionia, MI 48846

www.montcalm.edu

Offers Associates Degrees and Certificates in Liberal Arts and Occupational Programs.

Job training programs are offered to meet the needs of the changing economy. Provides educational opportunities via credit and non-credit classes, both online and in a traditional classroom setting. In addition to the main campus in Sidney, the college has learning centers in Ionia, Greenville, and Howard City. On-site workplace training can be arranged. A pool, gym and fitness center, including a climbing wall, is available for a minimal cost on the main campus in Sidney.

MONTCALM IONIA COLLEGE ACCESS NETWORK (MICAN)**(616) 527-3319**www.micanonline.org

Provides guidance for individuals interested in education after high school. This can include community college, universities, military, trade/vocational/technical schools, etc. Can help fill out college applications, filing for Free Application for Federal Student Aid (FAFSA) or finding college information.

POISON CONTROL CENTER**(800) 222-1222***Children's Hospital of Michigan Regional Poison Control Center*

Twenty-four hours a day, seven days a week. Call for any possible poisoning concerns.

PORTLAND ALTERNATIVE AND COMMUNITY EDUCATION**(517) 647-2987***1090 Ionia Road, Portland, MI 48875*www.pace.portlandk12.org

Offers alternative education to teens, 8th grade-19 years old. Also offers adult High School completion classes for adults over 20 years old. Virtual school, 7th grade-19 years old.

PORTLAND AREA SERVICE GROUP**(517) 647-4004***144 Kent Street, Portland, MI 48875*

Provides Bingo on Mondays at 6:00 pm and Fridays at 9:30 am. Euchre and Set Back are played on a regular basis. Please call the Center for a schedule at (517) 647-4004.

MILITARYONESOURCE**(800) 342-9647**www.militaryonesource.mil

This service is provided by the Department of Defense at no cost to active duty, guard and reserve (regardless of activation status) and their families. It is a virtual extension of installation services.

POSITIVE SOLUTIONS INFORMED CHOICES (PSIC)**(616) 755-6077***330 Lovell Street, Ionia, MI 48846*www.psicionia.org

Hours: Mondays and Thursdays 10:00 am - 2:00pm & Wednesdays 1:00 pm – 7:00 pm. Free and confidential services, pregnancy testing, limited ultrasounds, options consultations, educational classes, maternity & baby boutique, family resources. Call for an appointment. Text HELPLINE to 313131 or call 24 hour option line at 1-800-712-HELP.

RANDY'S HOUSE OF GREENVILLE**(616) 232-2915***407 S Nelson Street, Greenville, MI 48838*www.randyshouse.com

Hours: Monday-Friday 9:00 am - 5:00 pm. Intake is available 24/7 and the intake phone number is (616) 498-2464. Serves 21+ counties including Gratiot, Ionia, Isabella and Montcalm. Offers a sober safe living environment for both men and women, recovery services and programming, recovery coaching, peer to peer groups, multiple pathway groups, MSU Extension services, family programming, relapse prevention, referral to outpatient services, connection to a primary care physician and dentist, a pathway for upward mobility, increased responsibility, help with funding and fellowship.

RELIEF AFTER VIOLENT ENCOUNTER (RAVE)-IONIA/MONTCALM, INC**(616) 527-3351**

Ionia Safehouse

24-Hour Crisis Line (800) 720-7233(SAFE)

Crisis Response Advocate

(616) 527-3351 Ext.231

Volunteer Coordinator

(616) 527-3351

Outreach Counseling/Greenville Office

(616) 225-2118

RAVE offers free and confidential services to survivors of domestic and sexual violence. Individual counseling and support groups, Legal advocacy/Resources & Referrals, Safety Planning/Case Management/Crisis Intervention, Education and Prevention for victims, Emergency shelter for domestic and/or sexual assault survivors. **This is NOT a homeless shelter.*

RIVER'S EDGE DROP-IN CENTER**(616) 522-9773***302 E Main Street, Suite 2, Ionia, MI 48846*email: r.cent@att.com

Hours: Monday-Saturday 10:00 am - 4:00 pm. River's Edge Drop-in Center, or REDIC. A community center for adults with mental illness. Must be 18 years or older. You don't have to have a developmental disability to participate in the support groups.

SERVICE TO SOLDIERS LEGAL ASSISTANCE REFERRAL PROGRAM**(517) 371-5140**

Service to Soldiers Legal Assistance Referral Program through Cooley Law School helps service men and women resolve legal problems they face upon return from deployment by matching them with volunteer attorneys across Michigan. Contact-Heather Spielmaker.

SLEEP IN HEAVENLY PEACE**(844) 432-2337**www.shpbeds.org

All children deserve a safe, comfortable place to lay their heads. Too many children go without a bed- or even a pillow- to sleep on. These children end up sleeping on couches, blankets, and even floors. This can affect their happiness and health. That is where Sleep in Heavenly Peace comes in. We are a group of volunteers dedicated to building, assembling, and delivering top-notch bunk beds to children and families in need. For children aged 2-17 years old. You must apply through the website listed.

SOCIAL SECURITY ADMINISTRATION**www.ssa.gov***1940 Sweeney Street, Mt. Pleasant, MI 48858***(877) 405-7667***730 Water Tower Road, Big Rapids, MI 49307***(855) 245-0641***3045 Knapp Street NE, Grand Rapids, MI 49525***(877) 319-5710**

Hours: Monday-Friday 9:00 am – 4:00 pm, Wednesday 9:00 am – 12:00 pm.

Administers the Social Insurance programs for retirees, adults/children with disabilities, widows & widowers for retirement, disability, and survivor's benefits.

SPECIAL OLYMPICS MICHIGAN**(989) 774-3911***111 Hillcrest Street, Greenville MI 48838*www.somi.org

Contact Person: Richard Nostrant, (616-788-7616 cell) Director, Area 6–Montcalm/Ionia Counties. Year-round sports training and competition is provided to children and adults with intellectual disabilities. The minimum age for competition is 8 years-old but training opportunities for young athletes (ages 2 years to 7 years) are also available.

THE RIGHT DOOR FOR HOPE, RECOVERY, AND WELLNESS**24-Hr (888) 527-1790***375 Apple Tree Drive, Ionia, MI 48846*www.rightdoor.org*7441 Storey Road, Belding, MI 48809**208 W Bridge Street, Portland, MI 48875*

Provides various services such as: 24-Hour Crisis Response and Intervention; Access to individuals seeking behavioral health services; Assertive Community Treatment; Applied Behavioral Analysis; Applied Suicide Intervention Skill Training (ASIST); Community Inpatient Treatment; Community Living Supports; Family Support and Training; Functional Behavioral Assessment (FBA) and Behavior Treatment Planning; Home Based Services; Housing Assistance; Infant Mental Health, Integrated Healthcare Coordination; Jail Diversion; Juvenile Justice Liaison; Nursing Home Mental Health Assessment and Monitoring; Older Adult/Alzheimer-Dementia Supports; Outpatient Therapy- Individual, Family, and Group; Parent Support Partner; Peer Support; Psychiatric Care; Respite Care; School-based Outreach; Supported Employment; Targeted Case Management and Supports Coordination; Treatment Foster Care; Wraparound Services and Veteran Services.

Provides various group therapy such as: Anger Management; Caring for Children with Trauma; Chronic Pain Group; Cognitive Behavioral Therapy (CBT); Cognitive Behavioral Therapy (CBT) for Teens; Community Activities; Dialectical Behavioral Therapy (DBT); DBT for Teens;

Gardening; Get Out and Play; Grandparents Group; Grief and Loss; Healthy Relationships; Just Craftin' Around; LGBTQI; Love & Logic; Men Supporting Men; Mindfulness Movement; Nurturing Parent Group; Parent Support Group; Pursuing Recovery Group; Recovery Stick Group; Seeking Safety; Stress Less; Survivors of Suicide; The Great Outdoors; Women's Support Group; and Young Men's Life Guidance.

For more information on these services and group therapy please go to www.rightdoor.org or call (616) 527-1790.

TRI-COUNTY HOMEWORKS PEOPLE FUND**(800) 421-8956 ext. 1272**

7973 E Grand River Avenue, Portland, MI 48875

www.homeworks.org

Provides coverage to certain areas of Ionia County. The mission is the accumulation and disbursement of funds for charitable purposes for the benefit of persons in the Tri-County Electric service area. This shall be accomplished by disbursement of funds to individuals and organizations for food, shelter, clothing, health, and other humane needs for programs or services that benefit a significant segment of a community. See website for more details and application.

TWO RIVERS COUNSELING**(517) 647-4747**

307 Kent Street, Portland, MI 48875

www.tworiverscounselingpc.com

Provides adult counseling including trauma, grief, and loss & substance use/addictions including gambling.

UNITED STATES DEPARTMENT OF VETERAN AFFAIRS (VA)**(844) 698-2411**

www.va.gov

Serves as the central coordinating point for Michigan veterans, connecting those who have served in the U.S. Armed Forces, and their families, to services and benefits throughout the state. The agency works to identify and break down barriers veterans face in employment, education, health care and quality of life, making Michigan a great place for veterans and their families to call home. The agency aggregates veterans services currently found in 14 state agencies as well as hundreds of community-based veteran programs to create a no wrong door access to benefits and services.

UNITED WAY OF MONTCALM-IONIA COUNTIES**(616) 794-9840 or (800) 417-2622**

10260 S Sheridan Road, PO Box 87, Fenwick, MI 48834

www.liveunitedm-i.org

Hours: Monday–Friday 8:00 am - 4:00 pm. Referrals to local agencies that assist in meeting community needs. Volunteer Connections Program provides volunteer opportunities for both individuals and groups. VITA (Volunteer Income Tax Assistance) provides free tax preparation for low-to-moderate income residents in many locations across Montcalm and Ionia Counties. Prescription savings card.

USDA RURAL DEVELOPMENT**(616) 942-4111 ext. 6**

3260 Eagle Park Drive, Suite 107, Grand Rapids, MI 49525

www.rd.usda.gov/mi

Hours: Monday–Friday 8:00 am - 4:30 pm. Finances direct home loans in rural areas for modest housing to households at or below 80% of the adjusted median income. Issues loans and grants to very-low income rural homeowners to improve or modernize their home; make their home decent, safe and sanitary; remove health and safety hazards; or to repair or remodel their dwelling to make it more accessible and usable for household members with a disability.

VETERANS CRISIS LINE**(800) 273-8255, press 1**

www.veteranscrisisline.net

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring, Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, and 365 days a year. Support for deaf and hard of hearing individuals is available.

VIEWPOINTE COUNSELING**(616) 523-6537**

The team of providers at Viewpointe Counseling offer a wide variety of mental health services. Providing outpatient services in a safe and relaxing setting, where all clients are treated with dignity and respect. Persons of all incomes with private insurance or Medicaid/Medicare are welcomed.

VETRANS SERVICE OFFICE- IONIA COUNTY
(616) 755-1002

375 Apple Tree Dr Ionia, MI 48846

Hours: Monday- Friday 8:00 am- 5:00 pm.

VIEWPOINTE COUNSELING
(616) 523-6537

441 Swartz Court, Ionia, MI 48846

www.viewpointecounseling.org

The team of providers at Viewpointe Counseling offer a wide variety of mental health services. Providing outpatient services in a safe and relaxing setting, where all clients are treated with dignity and respect. Persons of all incomes with private insurance or Medicaid/Medicare are welcomed.

WEST MICHIGAN WORKS!
(616) 389-8525

301 W Main Street, Ionia, MI 48846

www.westmiworks.org

Hours of operation: Monday-Friday 8:00 am - 5:00 pm. Service Center services are open to everyone. Specialized services may be available to dislocated workers, displaced homemakers, unemployed or underemployed adults and youth. Services available include job search preparation and skills, resume preparation, applications, interviewing, labor market information, Pure Michigan Talent Connect www.mitalent.org, career assessment, older workers workshop, occupational training and employment related support services.

WOMEN'S RESOURCE CENTER
(616) 458-5443

678 Front Avenue NW, Suite 180, Grand Rapids MI 49504

www.grwrc.org

Hours: Monday, Wednesday and Thursday 9:00 am - 5:00 pm; Tuesday 9:00 am - 7:00 pm and Friday 9:00 am - 12:00 pm. Gender specific assistance focusing on low-income single mothers, women who are justice-involved, and unemployed/underemployed women facing challenges in the workplace. Services include: career exploration, employability & life skills, education/training, assistance, classes & workshops, mentoring/support groups, business center, professional clothing, and scholarship program.

OTHER HELPFUL RESOURCES

SPAY NEUTER EXPRESS
(616) 897-8865

11610 Fulton Street E, Lowell, MI 49331

www.spayneuterexpress.com

Spay Neuter Express is a team of 3 doctors, many veterinary assistants and technicians, office staff, 2 mobile surgical units with multiple brick and mortar locations. Our goal each and every day is to provide you with an excellent service at a very fair and responsible cost. We work with families with individual pets, as well as rescues, shelters and humane societies. We are privately funded and do not use tax dollars to provide our services. We value our pets as part of the family, and realize that our clients feel the same way. Each pet is treated with care and respect. Services offered include: low cost/high quality spay/neuter, vaccinations, routine testing, parasite control, and microchips.

Michigan Government Directory

Governor

Gretchen Whitmer
PO Box 30013
Lansing, MI 48909
(517) 373-3400

Gretchen.Whitmer@michigan.gov

Lieutenant Governor

Garlin Gilchrist II
PO Box 30013
Lansing, MI 48909
(517) 373-3400

Garlin.Gilchrist@michigan.gov

Attorney General

Dana Nessel
PO Box 30212
Lansing, MI 48909
(517) 373-1110

miag@mi.gov

Secretary of State

Jocelyn Benson
430 West Allegan Street, 4th Floor
Lansing, MI 48918
(517) 373-3400

Website: www.michigan.gov/sos

U.S. Senator

Gary Peters
724 Hart Senate Office Building
Washington, D.C. 20510
(202) 224-6211

senator@peters.senate.gov

U.S. Senator

Debbie Stabenow
731 Hart Senate Office Building
Washington, D.C. 20510
(202) 224-4822

senator@stabenow.gov

U.S. Representative

Justin Amash
106 Cannon House Office Building
Washington, D.C. 20515
(202) 225-3831

Website: <https://amash.house.gov>

District 3

(Includes Ionia & Montcalm Counties)

U.S. Representative

John Moolenaar
117 Cannon House Office Building
Washington, D.C. 20515
(202) 225-3561

Website: <https://moolenaar.house.gov>

District 4

(Includes Isabella & Montcalm Counties)

Michigan Senator

Rick Outman
P.O. Box 30036
Lansing, MI 48909
(517) 373-3760

oscrouman@senate.michigan.gov

District 33

(Includes Gratiot, Isabella, & Montcalm Counties)

Michigan Senator

Dr. John Bizon
P.O. Box 30036
Lansing, MI 48909
(517) 373-2426

senjbizon@senate.michigan.gov

District 19

(Includes Ionia County)

Michigan Representative

Julie Calley
N-1191 House Office Building, P.O. Box 30014
Lansing, MI 48909
(517) 373-0842

JulieCalley@house.mi.gov

District 87 (Includes Ionia County)

Michigan Representative

James Lower
S-1089 House Office Building, P.O. Box 30014
Lansing, MI 48909
(517) 373-0834

JamesLower@house.mi.gov

District 70 (Includes Gratiot & Montcalm Counties)

Michigan Representative

Graham Filler
N-1197 House Office Building, P.O. Box 30014
Lansing, MI 48909
(517) 373-1778

GrahamFiller@house.mi.gov

District 93 (Includes Gratiot County)

Michigan Representative

Roger Hauck
S-1288 House Office Building, P.O. Box 30014
Lansing, MI 48909
(517) 373-1789

RogerHauck@house.mi.gov

District 99 (Includes Isabella County)