## EightCAP, Inc.

# Community Resource Directory



## Ionia County 2025

... a Community Action Agency - Lori Johnson, President

#### **Administrative Office**

5827 Orleans Road, Orleans, MI 48865 Phone: (616) 754-9315 Fax: (616) 754-9310

Michigan Relay Center: (800) 649-3777 (Voice and TDD)

EightCAP, Inc. is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Online version available at www.8cap.org

In this directory you will find valuable information regarding:

- Quick Find Numbers (Pages 5-8)
- Hotline Numbers (Pages 9-10)
- Food (Pages 3-4, 11-12)

- Community Meals (Page 13)
- Community Resources (Pages 14-31)
- Michigan Government Directory (Page 32)

At the time of this printing all information in the directory was accurate, but it can change at any time as we become aware of any changes. For the most current version of this directory, please visit our website at <a href="https://www.eightcap.org">www.eightcap.org</a>.

EightCAP, Inc. improves our community by partnering with private, government, and community organizations to deliver programs to low-income residents that alleviate the local causes of poverty and its effects. Programs offered through EightCAP are as follows:

**COMMUNITY SERVICES** - EightCAP, Inc. Community Services assist income-eligible households with heat and utility assistance, food distributions, transportation vouchers for employment purposes or medical appointments, medical prescription copays, and various needs depending on funding availability. Community Services also offers assistance with MI Bridges, food pantry information and distributions, and referrals to other services not provided by EightCAP. The Emergency Assistance Application is located on our website, www.eightcap.org.

HOUSING PROGRAMS – EightCAP, Inc. Housing Programs assist low-income households with rental assistance, deposit assistance, emergency shelter (hotel/motel vouchers) and limited utility payment assistance. These services are offered through the Emergency Solutions Grant and the Emergency Shelter Program. As the Housing Assessment and Resource Agency (HARA) in the county, EightCAP registers and places homeless households on the Housing Choice Voucher Waitlist with a Homeless Preference Code.

Through the Supportive Services for Veterans Families, services can include; rental assistance, deposit assistance, emergency shelter stays, moving costs, emergency housing services, transportation assistance and limited car repair assistance. These services are available to low-income households, who have served at least one-day active duty and were discharged under any other circumstances than dishonorable.

The Rapid Rehousing Program is available to literally homeless households (some conditions may apply). This program may pay up to 18 months of rental assistance and security deposit. It is an intensive case management program where clients work to address barriers that are present and develop skills to retain housing and become self-sufficient.

The HUD Rapid Rehousing Program is an income-based program available to literally homeless households. This program provides intensive case management, as well as up to 24 months of rental assistance and security deposit.



## Commodity Food Distribution Sites, Income Guidelines, & Schedules For October 1, 2024 – September 30, 2025

Please remain in your vehicle and safely pull your vehicle into line at the food truck. Participants will not sign for the food boxes; a representative will check you in and then place your food boxes in your trunk. DO NOT ENTER THE BUILDING. Thank you.

The Commodity Supplemental Food Program (CSFP) is a food program for those 60yrs+ and fall within the income guidelines listed below. For those eligible, supplemental boxes (2) of food are delivered every other month at a site(s) in each county. Two boxes are allowed every other month (One box for each month). To apply, please call 616-228-1215.

#### **CSFP Guidelines**

Household Size	Yearly	Monthly
1	\$22,590	\$1,883
2	\$30,660	\$2,555
3	\$38,730	\$3,228
4	\$46,800	\$3,901
5	\$54,870	\$4,574
6	\$62,940	\$5,247
For Each Additional Household Member Add:	\$8,070	\$673

#### **CSFP Site and Schedule**

Site	Dates	Time
Alma Elks Lodge	2 <sup>nd</sup> Wednesday of the month for every other	10:00 am-
610 W. Warwick, Alma	month starting with October, Dec, February,	12:00am
	April, June etc	
Gratiot Commission on	2 <sup>nd</sup> Wednesday of the month for every other	12:30pm-2:30pm
Aging 515 W Pine River,	month starting with October, Dec, February,	
Ithaca	April, June etc	
Ionia Moose Lodge	3rd Wednesday of the month for every other	9:30am-11:30am
869 E Lincoln Ave., Ionia	month starting with October, Dec, February,	
	April, June etc	
Immanuel Lutheran Church	3rd Wednesday of the month for every other	1:00pm-2:30pm
320 S Bradley, Mt. Pleasant	month starting with October, Dec, February,	
	April, June etc	
Greenville Armory,	Last Tuesday of each month for every other	10:00am-12:00am
319 S Hillcrest, Greenville	month starting with October, Dec, February,	
	April, June etc	
Grace Community Church	Last Tuesday of each month for every other	1:30pm-2:30pm
9920 Reed Rd., Howard City	month starting with October, Dec, February,	
	April, June etc	

<sup>\*</sup>Holiday breaks may effect the dates listed.

## **Quick Find Phone Numbers**

Use the <u>Ouick Find Index</u> pages as a quick reference for phone numbers. See the Community Resource pages for further agency information.

Child/Adult	Michigan Department of Health & Human Services-MDHHSRelief After Violent Encounter (RAVE)	
<b>Budgeting/</b>	MSU-Extension	(989) 875-5233
<b>Financial</b>	Women's Resource Center	
Clothing	Christian Service Center	` ,
	Encountering Lives Baby Pantry	
	Goodwill Stores-Belding	(616) 794-9845
	Goodwill Stores-Ionia	
	Goodwill Stores-Portland	(517) 940-4885
Counseling	Four Health Family Resource Center	(616) 642-6466
Services/	Mid State Health Network-MSHN	(844) 405-3095
Mental	Relief After Violent Encounter (RAVE)	(616) 527-3351
<b>Health</b>	River's Edge Drop In Center	(616) 522-9773
	The Right Door	
	Two Rivers Counseling	
	Viewpoint Counseling	(616) 523-6537
Disability/	Area Agency on Aging	(616) 456-5664
Special	Build Up Michigan	(888) 320-8384
<b>Needs</b>	Ionia County Intermediate School District-ICISD	(616) 527-4900
	Social Security Administration	(877) 405-7667
	Special Olympics Michigan	(989) 774-3911
	The Right Door	(888) 527-1790
Education	Belding Community Education	(616) 794-4646
For	Davenport University	
Adults	Federal Student Aid-FAFSA	
	Ionia County Carrer Center	. ,
	MICAN	
	Mid-Michigan Migrant & English Language Learners	
	Montcalm Community College	(989) 328-2111
	MSU-Extension	
	Portland Alternative & Community Education	(517) 647-2987
	Women's Resource Center	
Emergency	American Red Cross	(616) 456-8661
	Lakewood Chamber of Commerce	(616) 374-8861
	Michigan Department of Health & Human Services-MDHHS	
	Poison Control Center	
	Relief After Violent Encounter (RAVE)	
	Sheriff's Department	
	The Salvation Army	
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<b>Employment</b>		
<u>Services</u>	Manpower	(616) 527-6688
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	West Michigan Works!	
	Women's Resource Center	
<b>Food</b>	Commission on Aging (Ionia County)	(616) 527-5365
	EightCAP, Inc	
	Ionia County Health Department	(616) 527-5341
	Lakewood Chamber of Commerce	
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
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Furniture/	Christian Service Center	. ,
<b>Household</b>	Enrich	
	Habitat for Humanity ReStore	
	Sleep in Heavenly Peace	(844) 432-2337
Government	County Clerk	(616) 527-5322
(City/	Friend of the Court	
County)	Sheriff's Department	· /
County	State Police	
		(505) 352 0111
Health/	American Legion-Belding Post	(616) 794-2841
<b>Medical</b>	American Legion-Saranac Post	(616) 642-9674
	Area Agency on Aging	(616) 456-5664
	Commission on Aging (Ionia County)	
	Hospice of Michigan	(888) 247-5701
	Ionia Area Hospice	(616) 527-0681
	Ionia County Health Department	
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	MIChild/Healthy Kids	
	Tri-County HomeWorks People Fund	(800) 421-8956
Hamalaga/	Area Acaray an Acina	(616) 156 5661
	Area Agency on Aging  Belding Emergency Fund	
Housing Services	EightCAP, Inc. Housing Hotline, ext. 3335	
<u>Services</u>	Habitat for Humanity	
	Have Mercy	
	Ionia/Montcalm County Local Planning Body, ext.3364	
	McKinney-Vento Homeless Student Supports	
	Michigan Department of Health & Human Services-MDHHS	
	Michigan State Housing Development Authority-MSHDA	
	MSU-Extension	
	Relief After Violent Encounter (RAVE)	(616) 527-3351
	Tri-County HomeWorks People Fund	
	USDA Rural Development	. ,
	CODITION DEVElopment	(000) 744 0117
Infant/	EightCAP, Inc./GSRP	(616) 208-1580
Child/	Encountering Lives Baby Pantry	
Teen	Ionia County Health Department	

T 6 44		(616) 507 4000
Infant/	Ionia County Intermediate School District	
Child	Lions Club-Saranac	
Teen (Cont.)	*	
	Michigan Department of Health & Human Services-MDHHS	
	MIChild/Healthy Kids	
	MSU-Extension-4H	
	Special Olympics Michigan	
	The Right Door	(888) 527-1790
Legal	Dispute Resolution Center	(616) 774-0121
سوس	Elder Law of Michigan	
	Farmworker Legal Services	
	Legal Aid of Western Michigan	
	Michigan Legal Help	
	Michigan Migrant Legal Services	(616) 454-5055
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I :towa av	Ionia County Literary Council	(616) 200 9520
<u>Literacy</u>	Ionia County Literacy Council	(010) 389-8329
Military/	American Red Cross of Greater grand rapids	(616) 456-8661
Veterans	Buddy-to-Buddy	
	HUD-VASH	
	Michigan State University Extention	(888) 678-3464
	Michigan Veterans Affairs Agency	
	Military OneSource	
	Supportive Services for veteran Families (EightCap, Inc.)	
	United States Department of Veteran Affairs (VA)	
	Veterans Crisis Line	
	Veterans4USA	(616) 418-8797
	VFW National Home for Children	(800) 313-4200
<b>N</b> T 4 *4*		((1() 527 5241
<b>Nutrition</b>	Ionia County Health Department	
	MSU-Extension	(616) 327-3337
<b>Parenting</b>	Adoptive Family Support Network	(616) 458-7945
	Encountering Lives Baby Pantry	
	Four Health Family Resource Center	
	Great Start to Quality	
	Ionia County Health Department	(616) 527-5341
	Ionia County Intermediate School District	(616) 527-4900
	Michigan Department of Health & Human Services-MDHHS	* *
	MSU-Extension	` /
	Women's Resource Center	(616) 458-5443
Pregnancy	Alpha Family Center of Lowell	(616) 987-9533
Services	Alpha Family Services of Greenville	
	Ionia County Health Department	(616) 527-5341
	Positive Solutions Informed Choices-PSIC	(616) 755-6077
<u>Preschool</u>	EightCAP, Inc 0-5 Head Start/GSRP	(866) 754-9315
110011001	Ionia County Intermediate School District	
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Schools-	Belding Public Schools	(616) 794-4700
Public/	Flat River Academy	
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<u>Charter</u>	Ionia County Career Center	. (616) 527-6540
	Ionia County Intermediate School District	. (616) 527-4900

Schools- Public/ Charter (Cont.)	Ionia Public Schools	(616) 374-8043(517) 647-4161
Senior <u>Citizens</u>	Area Agency on Aging  Commission on Aging (Ionia County)  EightCAP, Inc  Portland Area Service Group  Social Security Administration	(616) 527-5365 (616) 754-9315 (517) 647-4004
Substance Abuse	Alcoholics' Anonymous Ionia County Health Department-ICHD Mid State Health Network-MSHN Montcalm Alano Club Randy's House of Greenville The Right Door	(616) 527-5341 (844) 405-3095 (616) 232-2002 (616) 232-2915
Tax <u>Assistance</u>	Commission on Aging (Ionia County)	
Trans- portation	Belding Dial-A-Ride/Bel-hop  Commission on Aging (Ionia County)  Ionia Dial-A-Ride/I-Dart	(616) 527-5365
Utility Assistance	Assurance Wireless (free cell phone)  Belding Emergency Fund  EightCAP, Inc. (heat/utility)  Michigan Department of Health & Human Services-MDHHS  SafeLink (free cell phone)  The Salvation Army  Tri-County HomeWorks People Fund (heat/utility)	(616) 794-1900 (616) 754-9315 (616) 527-5200 (800) 773-9328 (855) 929-1640
Volunteer <u>Services</u>	Commission on Aging (Ionia County)	(616) 841-9202(616) 527-5200





2-1-1 connects you with thousands of nonprofit and government resources in your area. Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We're here for you. Any time. All the time. Just call, text, or search online and we'll get you connected.

Phone: Dial 211 or 1-800-887-1107; Text: your zip code to 898211; Live Chat: HWMUW.ORG/211

## **Hotline Numbers**

ALCOHOL/DRUG ABUSE HELPLINE & TREATMENT	(844) 289-0879
	www.drughelpline.org
DOVE & CIDLE TOWN NATIONAL HOTLINE	(900) 449 2000
BOYS & GIRLS TOWN NATIONAL HOTLINE	(800) 448-3000 www.boystown.org
	www.eegstewmerg
CENTER FOR DISEASE CONTROL & PREVENTION INFORMATION	(800) 232-4636
	www.cdc.gov
CENTER FOR MISSING & EXPLOITED CHILDREN	(800) 843-5678
	www.missingkids.com
CHILD & ADULT LICENSING COMPLAINTS (ABUSE AND NEGLECT	(855) 444-3911
	www.michigan.gov/mdhhs
CHILD FIND OF AMERICA	(000) 426 5670
	(800) 426-5678 www.childfindofamerica.org
CHILD HELP USA INFORMATION CENTER	(800) 422-4453
	www.childhelp.org
CHILD SUPPORT PAYMENTS (MISDU OFFICE OF CHILD SUPPORT)	(877) 543-2660
	www.misdu.com
CHILDREN'S SPECIAL HEALTH CARE SERVICES FAMILY CENTER	R (800) 359-3722
	www.michigan.gov/mdhhs
CONCUMED CREDIT COUNCELING SERVICE	(000) 200 2227
CONSUMER CREDIT COUNSELING SERVICE	(800) 388-2227 www.nfcc.org
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CONSUMER PRODUCT SAFETY COMMISSION	(800) 638-2772
	www.cpsc.gov
DEPRESSION AFTER DELIVERY	(800) 944-4773
	www.postpartum.net
DOMESTIC VIOLENCE NATIONAL HELPLINE	(800) 799-7233
DOMESTIC VIOLENCE INVITORNE HEEF EINE	www.thehotline.org
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EIGHTCAP'S HOUSING & HOMELESS HOTLIN	(866) 754-9315 x3335
	www.eightcap.org
FOOD & NUTRITION PROGRAM HELPLINE (SNAP)	(855) 275-6424
	www.fns.usda.gov
HUMAN TRAFFICKING HOTLINE	(888) 373-7888
www.l	numantraffickinghotline.org

MEDICAID HELPLINE (MICHIGAN)	(888) 367-6557
	www.mihealth.org
MI-RX DISCOUNT CARD	(800) 259-8016
	www.mihealth.org
MICHIGAN ASSOCIATION ON PROBLEM GAMBLING HELPLINE	(800) 270-7117
	www.michapg.com
MOTHERS AGAINST DRUNK DRIVING (MADD)	(877) 623-3435
	www.madd.org
NATIONAL RUNAWAY SAFELINE	(800) 786-2929
NATIONAL RUNAWAT SAFELINE	www.1800runaway.org
POISON CONTROL	(900) 222 1222
POISON CONTROL	(800) 222-1222 www.poisonhelp.org
SAFE DELIVERY OF NEWBORNS	(866) 733-7733 www.michigan.gov/mdhhs
	www.micingan.gov/mainis
SEXUAL ASSAULT HOTLINE	(800) 656-4673
	www.rainn.org
SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRA	
	www.samhsa.gov
SUICIDE PREVENTION NATIONAL LIFELINE	(800) 273-8255
www.:	suicidepreventionlifeline.org
THE HEAT & WARMTH FUND (THAW)	(800) 866-8429
	www.thawfund.org
THURSDAY'S CHILD	(800) 872-5437
	www.thursdayschild.org
USDA MEAT AND POULTRY HOTLINE	(999) 674 6954
USDA MEAT AND FOULTRY HOTLINE	(888) 674-6854 www.usda.gov
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USDA NATIONAL HUNGER HOTLINE	(866) 348-6479 www.fns.usda.gov
	www.ms.usua.gov
VETERAN'S CRISIS LINE - VETERAN'S AFFAIRS	(800) 273-8255
	www.veteranscrisisline.net
VULNERABLE CHILDREN, ADULTS & SENIORS HELPLINE	(855) 444-3911
	www.michigan.gov/mdhhs
WE TIP HOT LINE (ANONYMOUS CRIME REPORTING HOTLINE)	(800) 782-7463
	www.wetip.com

#### **Food Pantries**

#### **BELDING**

#### **ENCOUNTERING LIVES BABY PANTRY**

(616) 794-5080

1213 W State Street, Belding MI 48809

Open the second Thursday of the month 9:00 am - 11:00 am and 5:30 pm -7:30 pm. If you live in Belding, Dial-a-Ride is offering free transportation to the baby pantry during the scheduled morning hours only.

#### ST. JOSEPH-ST MARY CATHOLIC CHURCH-BELDING FOOD PANTRY (616) 794-2145

409 S Bridge Street (Old School Section), Belding, MI 48809

www.saintscim.com

Open Thursdays (except for holidays) from 2:00 pm - 4:00 pm. Participants must sign in and provide an address although they do not have residency requirements. Food may be accessed once a month.

#### **IONIA**

#### **Illuminate Food Pantry**

(616) 523-6056

83 E Tuttle Road, Ionia, MI 48846

Food pantry and clothing Monday, Wednesday and Friday 11:00AM to 1:00 PM. Call ahead for appointments in emergency situations.

#### IONIA SEVENTH DAY ADVENTIST CHURCH

(616) 527-6465

721 Elmwood Drive, Ionia, MI 48846

www.ioniami.adventistchurch.org

Food pantry open every second, fourth, and fifth Tuesday from 9:30 am - 2:00 pm. Clothing may be available.

#### ZION UNITED METHODIST CHURCH

(616) 527-1910

423 W Washington Street, Ionia, MI 48846

Food Bank Hours: Wednesday 2:00 pm - 4:30 pm. Office Hours: Monday – Thursday 9:00 am – 1:00 pm. Mobile food truck is every second Tuesday at 4:00 pm at the Fair Grounds (except July, which is at Zion Church and in Dec, Jan. & Feb it is located at the Public Safety building). Families must bring their own containers.

#### **LAKE ODESSA**

#### FIRST CONGREGATIONAL CHURCH

(616) 374-8753

767 Fourth Avenue, Lake Odessa, MI 48849

Appointments needed. Please call ahead

#### **MANNA'S MARKET PANTRY**

(269) 838-5887

7180 Velte Road, Lake Odessa, MI 48849 (PO Box 18, Woodland, MI 48897) www.mannasmarket.org Monday 10:00 am – 2:00 pm; Thursday 4:00 pm – 7:00 pm; Friday 10:00 am - 12:00 pm, and 5:00 pm – 7:00 pm. Serves Barry, parts of Eaton & Ionia Counties; North to I96 corridor, West to Clarksville/Saranac area and East to Portland area. Clothing, food, baby items. Helps once a month. Must show proof that residence is south of I-96. Proof of income is also required for all adults in the household.

#### **LAKE ODESSA - CONTINUED**

#### PLEASANT VALLEY UNITED BRETHREN

(616) 693-2265

13120 Bell Road, Lake Odessa, MI 48849

Food and baby pantry: Wednesday 4:00 pm - 6:00 pm; and Friday 11:00 am - 1:00 pm.

#### **ORLEANS**

#### SHILOH COMMUNITY CHURCH

(616) 761-3584

8197 Heth Street, Orleans, MI 48865

www.shilohcc.org

Call Monday – Thursday 9:00 am – 3:00 pm to receive food. The food pantry is open on Mondays from 11:00 am – 12:00 pm. Pantry assistance available six (6) times per year.

EightCap, INC

(616) 236-1027

5827 Orleans Rd, Orleans, MI 48865

www.shilohcc.org

Food Pantry available while supplies last, please call ahead for an appointment. Monday-Friday 8:00am- 4:30pm.

#### **PORTLAND**

#### **EPIC COMMUNITY CHURCH**

(517) 647-7750

1455 E Grand River Avenue, Portland, MI 48875

www.epic-community.org Food pantry is first Saturday of the month, by appointment only, 9:00 am - 12:00 pm. Call to schedule. Emergency needs appointments may be made throughout the month by calling.

#### FIRST CONGREGATIONAL CHURCH

(517) 647-6441

421 E Bridge Street, Portland, MI 48875

Food pantry Tuesdays 9:00 am - 11:00 am & Wednesdays 5:00 pm - 7 pm, by appointment only. Please call to schedule.

#### PORTLAND COMMUNITY FOOD BANK

(517) 647-4649

Portland Methodist Church, 310 E Bridge Street, Portland, MI 48875 www.portlandumc.org Food pantry open Mondays 9:00 am - 12:00 pm and Thursdays 1:00 pm - 7:00 pm. Proof of income required. Available to Portland School residents, once per 6 weeks.

#### **SARANAC**

#### SARANAC COMMUNITY CHURCH

(616) 642-6322

125 S Bridge Street, Saranac, MI 48881

www.saranacchurch.org

Food pantry is open every 1st and 3rd Thursdays from 2:00 pm - 4:00 pm for residents of Saranac and Clarksville, no appointment needed. Families may come once per month.

## **Congregate Meals**

#### **BELDING MINISTERIAL ASSOCIATION**

(616) 794-2145

God's Kitchen: 409 S Bridge Street, Belding, MI 48846

Thursdays at 4:30 pm - 6:00 pm. ID required as proof of Belding residency.

#### FIRST CONGREGATIONAL CHURCH

(517) 647-6441

421 E Bridge Street, Portland, MI 48875

Mondays at 4:00 pm - 6:00 pm. Meals available September-May

#### FIRST UNITED METHODIST CHURCH

(616) 527-1860

105 E Main Street, Ionia, MI 48846 Mondays at 6:00 pm

#### ZION UNITED METHODIST CHURCH

(616) 527-1910

423 W Washington Street, Ionia, MI 48846

Soup Kitchen Meals are served on Thursdays at 6:00 pm, arrival time is from 5:30 pm – 6:00 pm.

#### MEALS ON WHEELS- IONIA COMMSION ON AGING

(616) 527-5365

115 Hudson Street Ionia, MI 48846

Mondays, Wednesdays, and Fridays each week. We deliver a mix of hot meals, cold meals, and frozen meals, home-cooked from our kitchen. Drivers will not enter homes to maintain safe social distancing. Holidays may result in delivery schedule changes. Ionia county residents aged sixty and over who are homebound (unable to leave their home on a regular basis without assistance) or need additional support. A suggested donation of \$3.00 per meal is required to help cover costs.

## **Other Food Resources**

#### **DOUBLE UP FOOD BUCKS**

(866) 586-2796

www.doubleupfoodbucks.org

The way this program works is that anyone with food stamps can double their dollars when they shop for MI-grown fruits and vegetables at participating locations, please go to website for list of participating locations or email to info@doubleupfoodbucks.org

#### FEEDING AMERICA WEST MICHIGAN FOOD BANK

(616) 784-3250

864 West River Drive, Comstock Park, MI 49321

www.feedwm.org

Feeding America West Michigan exists to ensure safe food is available to the hungry in our community. Their mission is to gather and distribute food to relieve hunger and increase food security in West Michigan and the Upper Peninsula.

#### IONIA COUNTY COMMISSION ON AGING

(616) 527-5365

115 Hudson Street, Ionia, MI 48846

www.ioniacounty.org/commission-on-aging

Senior Meals, congregate meals and home-delivered meals for people age 60 or over.

### **Community Resources**

#### ADOPTIVE FAMILY SUPPORT NETWORK

(616) 458-7945

805 Leonard Street NE, Grand Rapids, MI 49503

www.afsn.org

Offers support groups, workshops and general information to all adoptive families in Michigan. Email for additional information at info@dabsj.org

#### **ALCOHOLICS ANONYMOUS (AA)**

(616)527-5341

Call Ionia County Health Department for local listings

www.aa.org

Provides local listings for educational services for persons with alcohol, drug, or other related concerns. Services are also offered to families and friends of chemically dependent people.

#### ALPHA FAMILY CENTER OF LOWELL

(616) 987-9533

519 E Main Street, Lowell, MI 49331

www.afclowell.org

Free pregnancy tests, free GED classes, free ultrasounds, material assistance through Earn While You Learn (EWYL) program, free English as a Second Language classes, Mom's Night Out, and referrals to outside resources. Hours: Monday and Wednesday 10:00 am to 4:00 pm Tuesday and Thursday 10:00 am to 7:00 pm.

#### ALPHA FAMILY SERVICES OF GREENVILLE

(616) 225-2265

705 N Hillcrest Street, Greenville, MI 48838

www.alphafamilycenter.org

Hours: Monday 8:00 am - 3:00pm, Tuesday 8:00 am - 7:00 pm, Wednesday 8:00 am - 2:30 pm, Thursday 8:00 am - 2:30:00 pm (office hours only, client services not offered) and Friday-Ultrasounds, call for details. Free and confidential services offered: pregnancy testing; confidential peer counseling; information on adoption and STD's; ultrasounds (restrictions apply); communications in relationships program; abortion information; post abortion classes; financial planning program; Earn-While-You-Learn parenting education program—practical assistance with clothing, diapers, formula, cribs, car seats, Bible studies, men's fraternity and more. Most services call for an appointment except for pregnancy testing.

#### ALPHA FAMILY SERVICE OF LAKE ODESSA

(616) 537-4200

1040 Fourth Ave Lake Odessa, MI 48849

www.belding.michlibrary.org

Hours: Tuesday 9:00am to 12:00 pm, Wednesday 1:00 pm to 7:00 pm, Thursday 4:00 pm to 7:00 pm. Free pregnancy test, Free GED classes, free ultrasound, material assistance through Earn While You Learn (EWYL) program, free English as a Second Language classes, Mom's Night Out, and referrals to outside resources.

#### AMERICAN LEGION POST

Belding Post 203 - 121 S Broas Street, Belding, MI 48809

(616) 794-2841

Saranac Post 175- 69 N Bridge Street, Saranac, MI 48881

(616) 642-9674

Lends people (Belding and Saranac areas) crutches, wheelchairs and other hospital equipment. A deposit is required but is refundable when items are returned.

#### **AMERICAN RED CROSS**

(800) 482-2411(24 hr. Emergency) or (616) 456-8661

1050 Fuller Avenue NE, Grand Rapids MI 49503

www.redcross.org/mi/grand-rapids

American Red Cross offers disaster relief services to families affected by natural or man-made disasters, as well as services to military families, and a wide range of health and safety education courses, such as CPR, First Aid & more. Red Cross also offers blood drives.

#### AREA AGENCY ON AGING

(616) 456-5664

3215 Eaglecrest Drive NE, Grand Rapids, MI 49525

www.aaawm.org

AAAWM provides older persons and persons with disability an array of services and support designed to help them remain in their own homes and communities. AAAWM offers in-home care programs, including MI Choice Medicaid Waiver and Care Management to help provide these services to seniors on a long-term basis. AAAWM provides many more services designed for seniors and for caregivers to promote living independently.

#### **BELDING COMMUNITY EDUCATION**

(616) 794-4646

1975 Orchard Street, Belding, MI 48809

www.bas-k12.org

Provides adult education, alternative education, teenage parent program, adult enrichment program, and G.E.D. classes.

#### **BELDING EMERGENCY FUND**

(616) 794-1900

120 S Pleasant Street, Belding, MI 48809

www.ci.belding.mi.us

Applications available at Belding City Hall, Monday – Thursday. Assistance for housing (rentals only) or utility emergencies, no emergency shelter. Must have DHHS decision notice and copy of the bill. Belding School District residents only.

#### BETTER BUSINESS BUREAU MILITARY LINE

(800) 684-3222

Has an agreement with the Department of Defense to offer its well-known consumer education and advocacy services to experiences and circumstances unique to the military. As a partner in the Department of Defense (DOD) Financial Readiness Campaign, BBB Military Line® brings BBB services to military personnel (including Reservists and National Guard), retirees, DOD civilians, and their families. Through Memoranda of Understanding with the Army, Navy, Air Force and Marine Corps, and through status as a Coast Guard Qualified Organization, BBB Military Line offers a variety of free services and consumer education to the military via local BBB outreach.

#### BLUE STAR MOTHERS OF IONIA, KENT AND MONTCALM COUNTIES

(989) 814-0650

Chapter # 188

email: president.deptmi@bluestarmothers.us

We are mothers, stepmothers, grandmothers, foster mothers and female legal guardians who have children serving in the military, guard or reserves, or children who are veterans. We support each other and our children while promoting patriotism. Our organization focuses on our mission every single day and will never, ever, forsake our troops, our veterans or the families of our Fallen Heroes.

BUDDY-TO-BUDDY (888) 822-8339

www.buddytobuddy.org

Trained Volunteer Veterans help military service members overcome the stigma around asking for help and link those who are facing challenges throughout the deployment cycle with appropriate resources that will optimize their quality of life. Volunteer Veterans are trained to help veterans and service members address issues ranging from accessing financial, employment, legal, benefit, or educational resources to identifying mental health providers for emotional, substance abuse, or relationship concerns. Services are provided to Michigan service members and veterans, members of Michigan Army National Guard, and reservists residing in Michigan.

#### CATHOLIC CHARITIES WEST MICHIGAN After hours: (616) 456-1443 (616) 855-5923

406 N State Street, Suite D, PO Box 480, Stanton, MI 48888

www.ccwestmi.org

Hours: Monday-Thursday 8:30 am - 5:00 pm. Provides help to stabilize and strengthen families and children of all faiths through individual and family counseling, pregnancy support, adoption and child abuse prevention program. Fees are based on a sliding scale determined by family size and income.

#### **CELL PHONES**

Safe Link Wireless Assurance Wireless www.safelinkwireless.com (800) 723-3546

www.assurancewireless.com (888) 321-5880

If you receive food stamps, Medicaid, SSI, or have low income you may be eligible for a program that offers free cell phones and minutes. Applications are available at EightCAP, Inc. offices. Visit <a href="https://www.freegovernmentcellphones.net">www.freegovernmentcellphones.net</a> for more information on providers and plans in your area.

#### **CHRISTIAN SERVICE CENTER**

(616) 527-1530

301 W Washington Street, Ionia, MI 48846

Hours: Tuesday & Wednesday 9:00 am - 12:00 pm & 1:00 pm - 4 pm and Saturday 9 - noon. Collects and distributes donated clothing and household items.

#### **COMMISSION ON AGING (IONIA COUNTY)**

(616) 527-5365

115 Hudson Street, Ionia, MI 48846

www.ioniacounty.org/commission-on-aging

Provides programs to senior citizens including prescription assistance, respite care, home health aides, homemaker program, home delivered & congregate meals, tax preparation, transportation, caregiver services, Medicare and Medicaid Counseling, Senior Project Fresh program, wellness programs, and an adult activity center.

#### **DIAL-A-RIDE**

Belding (616) 794-3278

100 Depot Street, Belding, MI 48809

Provides transportation services within the Belding area and from Belding to Greenville, and Ionia. Transportation Hours: Monday-Friday 6:30 am – 4:15 pm; Saturday 9:00 am - 1:30 pm; Transportation Hours to Ionia: 8:30 am & 1:00 pm. Fares (One way): Children, senior citizens, & persons with a disability card \$1.50; Students \$2.50; Adults \$3.00.

Ionia (IDART) (616) 527-4000

251 E Adams Street, Ionia, MI 48846

Provides curbside public transportation to Ionia, Easton, and Berlin townships, city of Ionia, and a section of Orange Township. 24-hour notice encouraged, but will take same day phone calls. Transportation Hours: Monday-Friday 6:30 am – 4:45 pm; Saturday 9:00 am - 1:00 pm Fares (One way): Children, senior citizens (62 years and over), persons with a disability card, and Pre-K Students \$1.50; Students (K-12) \$2.00; Adults and all other passengers \$3.00. Children 2 years and under are free with paying adult. Punch cards are also available.

#### DISPUTE RESOLUTION CENTER OF WEST MICHIGAN

(616) 774-0121

678 Front Avenue NW, Suite 250, Grand Rapid, MI 49504

www.drcwm.org

Email: info@drcwm.org

Free to low-cost mediation services. Confidential, convenient, and effective. Mediation is a voluntary process that can be used to resolve a wide variety of disputes: divorce, custody, parenting time, landlord-tenant, neighbor conflict, employment matters, school matters, divorce, business disputes, or legal cases. Mediation provided in your area. You don't have to drive to Grand Rapids. We also provide restorative practices facilitation and training!

#### EIGHTCAP, INC.

(866) 754-9315 or (616) 754-9315

5827 Orleans Road, Orleans, MI 48865

www.eightcap.org

#### **Administrative Offices**

(866) 754-9315 or (616) 754-9315

5827 Orleans Rd., Orleans, MI 48865

#### **Self-Sufficiency Services**

(616) 754-9315

#### Community Services: (616) 754-9315 ext. 1309(call for more information)

- Heat/utility assistance when funding is available
- Referrals to food banks, legal services, etc.
- Computer Access Station- Use this FREE service to discover other helpful information that goes beyond EightCAP Community Services range of assistance.
- TEFAP & CSFP Commodity Programs available

Clients will be seen by appointment only for heat/utility assistance. For heat/utility assistance, an Emergency Assistance Application must be filled out and submitted to the mailing address above. The application can be found on our website, www.eightcap.org.

#### **Homeless & Housing Assistance Programs:**

Call the Housing Hotline at (866) 754-9315 ext. 3335 to do a pre-screen if you are literally homeless, have a court ordered eviction notice, or at risk of becoming homeless, and are in need of homeless/housing assistance. Services available may include: Rental/Deposit Assistance, Motel Vouchers; MSHDA Vouchers; Mortgage Assistance.

#### **Foster Grandparents**

(616) 754-9315 ext. 3355

Men and women 55 years and older volunteer a minimum of 15 hours a week in public schools, Head Start centers, etc. to work with children and families. The Foster Grandparents are participating in the American Reads Challenge and America's Promise. Participants receive a stipend, mileage reimbursement, annual physical and a meal at their site.

#### **Great Start Readiness Program (GSRP)**

(616) 754-9315 ext. 3369

A state funded preschool program for children who are four years of age or will be four by September 1<sup>st</sup> of the program year. Children must meet specific income and eligibilitycriteria.

EIGHTCAP, INC. (CONTINUED)

0-5 Head Start (616) 754-9315 ext. 3369

A federally funded child development program serving pregnant women, infants, toddlers, and children thru age 5 years. Participants must meet specific income and eligibility criteria.

#### **Senior Companions**

(616) 754-9315 ext. 3361

Senior Companions are volunteers who are 55 years and older, income eligible and understand the challenges and importance of maintaining independence later in life. Senior Companions provide person-to-person, non-medical support to adults with chronic mental illnesses, developmental disabilities, physically frail elderly and those who are homebound. Senior Companions serve a minimum of 15 hours each week. They receive a small non-taxable stipend, reimbursement for meals and mileage, on-duty insurance, annual physical, and monthly trainings. There is no cost to the clients they serve.

Weatherization

(616) 754-9315 ext. 3420

- Free program that will help lower your fuel costs and make your home more energy efficient
- Services offered: water heater insulation blanket, low-flow shower head/wall/ceiling/ floor insulation/ventilation, caulking, glass replacement, door sweeps, and weather stripping
- Proof of household income for the last 3 months
- Call for an appointment

#### ENGLISH AS A SECOND LANGUAGE (BELDING AREA SCHOOLS)

(616) 794-4602

1975 Orchard Street, Belding, MI 48809

Offering an adult education program that includes high school completion, GED preparation, adult basic education, and "English as a Second Language" classes.

ENRICH (616) 522-1126

343 W Main Street, Ionia, MI 48846

www.enrichioniami.org

Resale store hours are Wednesdays & Fridays, 11:00 am -4:00 pm (summer hours may vary, please call for times). Assists low-income families through the Community Circle program. Provides used appliances and furniture for free to families with a need for them. There is also a store where other donated items can be purchased by the public. See website for more information.

#### FAMILY ASSISTANCE CENTER- GRAND VALLEY ARMORY

(517) 481-7323

Family Assistance is a focal point of information by providing six essential services in times of contingency call up, mobilization, and large scale deployments. Family Assistance is critical in providing help to all military families during these long term or short term deployments. The Grand Valley regional Family Assistance Center provides assistance and referrals for families in a region of counties including Gratiot, Montcalm, Ionia and Isabella. Contact the Family Assistance Coordinator in the following counties: Gratiot and Isabella Counties-Melissa Alex (517) 481-7323; Ionia County-Stephanie Rogers (517) 481-8850; and Montcalm County-Ami Gould (616) 249-2741.

#### **FARMWORKER LEGAL SERVICES**

(269) 492-7190

3030 S 9th Street, Suite 1A, Kalamazoo, MI 49009

www.farmworkerlaw.org

Farm Worker Legal Services is a division of Legal Services of South Central Michigan, providing free civil legal assistance to low-income persons, including migrant and seasonal farm workers. FLS represents and assists migrant and seasonal farm workers with legal problems in the areas of employment, benefits, housing, education and immigration.

www.fafsa.ed.gov

Information by phone: Monday-Friday 8:00 am - 11:00 pm, Sat & Sun 11:00 am - 5:00 pm.

#### FRIEND OF THE COURT

(877) 543-2660 or (616) 527-5310

110 E Washington Street, PO Box 47, Ionia, MI 48846 www.ioniacounty.org/friend-of-the-court Hours: Monday–Friday 8:30 am – 5:00 pm. The friend of the court office assists the court in custody and parenting time disputes. It enforces court orders when the parents are unable to resolve problems on their own.

#### GOODWILL RETAIL OUTLET STORES

(616) 527-4404

153 W Sprague Road, Ionia, MI 48846

www.goodwill.org

Hours: Monday–Saturday 9:00 am - 8:00 pm & Sunday 11:00 am - 6:00 pm. Offers gently used or new merchandise at a fraction of its original price.

#### GREAT START TO QUALITY - CENTRAL CENTER

(877) 614-7328

(Child Care and Early Learning Resources)

www.greatstarttoquality.org

Helps link parents and those caring for young children with the resources, supports, and services needed to give Michigan children a Great Start. Great Start to Quality is an online statewide database of licensed, registered child care and early education programs in Michigan. Families can access this database 24-hours a day, seven days a week to quickly and conveniently search for and contact child care providers who match their needs.

#### HABITAT FOR HUMANITY OF IONIA COUNTY

(616) 841-9202

115 S Depot Street, Ionia, MI 48846

www.ioniahabitat.org

#### **Become a Homeowner Partner:**

To qualify to become a partner for a Habitat home, applicants must complete and return an application and document verification. The application is presented to a committee of educated decision makers on the topic of home ownership fiscal responsibility and fair housing laws. If you are selected to be a Homeowner Partner, you must attend a homeowner responsibility course and are required to do 250 sweat equity hours per adult in the household. The partner will then help build or rehabilitate a home and will be required to pay a small percentage of the sale price of their home as down payment and will have the responsibility of a mortgage payment that is no greater than 30% of their income.

#### **A Brush with Kindness:**

A Brush with Kindness (ABWK) is a program that started in the summer of 2016. ABWK helps low-income homeowners who struggle to maintain the exterior of their home reclaim their home with pride and dignity. Like our Homeowner Partnership, ABWK requires that service is provided to income eligible families, in need, who are willing to partner with Habitat, and pay for the repair services provided. If you are interested in applying for ADWK, applications are available on our website at www.ioniahabitat.org. Volunteer Opportunities available too!

#### **Habitat ReStore:**

A ReStore is a nonprofit home improvement store and donation center. At our ReStore, open to the general public, we sell new and gently used building materials, home improvement items, appliances and furniture at highly reduced prices. If you are 16 years of age or older and enjoy helping people and making a difference volunteer at the ReStore! We are looking for volunteers to help assist in unloading and prepping items for the sales floor, stocking shelves, and assisting customers. If you're interested in volunteering at the ReStore, please contact Habitat for Humanity of Ionia County at (616)841-9202. Interested in donating? You can drop donations off to the ReStore Shop during business hours at 113 S Depot in Ionia. We pick up! If you're unable to drop off your donation call (616) 841-9202 and schedule a pick up time.

#### HABITAT FOR HUMANITY RESTORE

(816) 523-6899

113 S Depot Ionia, MI 48846

A ReStore is a nonprofit home improvement store and donation center. At our ReStore, we sell new and gently used building materials, home improvement items, appliances, and furniture at highly reduced prices for homeowners. If you are 16 years of age or older and enjoy helping people and making a difference, volunteer at restore! We are looking for volunteers to help assist in unloading and prepping items for the sales floor, stocking shelves, and assisting customers. If you are interested in volunteering at the ReStore, please contact Habitat for Humanity for Ionia County. Interested in donating? You can drop donations off to the restore shop during business hours. We pick up! If you are unable to drop off your donations, call and schedule a pickup time.

HAVE MERCY (616) 225-8055

1015 E Washington Street, Greenville, MI 48838

www.havemercymi.org

Appointment Hours: Monday - Friday 1:00 pm - 5:00 pm. Homeless services provider who assist those presently homeless with emergency shelter and necessary supports. Also aid clients in searching for and obtaining permanent housing. Serves Ionia, Montcalm, & Northeast Kent Counties.

#### **IONIA COUNTY CARRER CENTER**

(616) 527-6540

250 E Tuttle Road, Ionia, MI 48846

www.ioniaisd.org/cte

A career center serving the students of Ionia County. Offers a variety of different programs including Aviation Technology, Computer Programming, Construction Technology, Criminal Justice, Culinary Arts, Diesel Technology, Healthcare Foundations, Health Occupations, Machine Tool, and Plant/Animal Science. Centers are located in the Ionia Educational Center, along with Ionia High School, Montcalm Community College Ionia Campus and the YMCA.

#### HOME IMPROVEMENTS AND STRUCTURAL ALTERATIONS (HISA)

(844) 698-2311

www.prosthetics.va.gov/HISA2.asp

Under the Home Improvements and Structural Alterations (HISA) program Veterans with service-connected disabilities or Veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to Veterans who have received a medical determination indicating that improvements

and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A Veteran may receive both a HISA grant and either a Special Home Adaptation (SHA) grant or a Special Adapted Housing (SAH) grant.

#### **HOSPICE OF MICHIGAN**

(888) 247-5701

Call for local area information.

www.hom.org

Hospice of Michigan provides comprehensive, compassionate comfort care to people with acute chronic illness and support to their loved ones.

HUD-VASH (616) 356-1746

www.va.gov/homeless/hud-vash.asp

Veterans housing voucher program with HUD and the VA.

#### **IONIA AREA HOSPICE**

(616) 527-0681

P.O. Box 124, Ionia, MI 48846

www.ioniahospice.org

Independent, local, community based Non-Profit hospice providing the utmost in compassionate, meaningful end-of-life care. 24/7 informational visits and/or admissions wherever you call home.

#### **HOSPICE OF MICHIGAN**

(888) 247-5701

Call for local area information

www.hom.org

Hospice of Michigan provides comprehensive, compassionate comfort care to people with acute chronic illness and support to their loved ones

#### HOME INPROVEMENTS AND STRUCTURAL ALTERATIONS (HISA)

www.prosthetics.va.gov/HISA2.asp

Under the Home Improvements and Structural Alteration (HISA) program veterans with service-connected disabilities or veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to veterans who have received a medical determination indicating that improvements and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A veteran may receive both a HISA grant and either a special home adaptation (SHA) grant or a special Adaptation Housing (SAH) grant.

#### **IONIA COUNTY CLERK**

(616) 527-5322

100 W Main Street, Ionia, MI 48846

www.ioniacounty.org/county-clerk

Obtain birth, death, & marriage certificates, as well as conduct voter registration business. To order an out-of-county Michigan birth certificate visit, <a href="https://www.michigan.gov/mdch">www.michigan.gov/mdch</a>.

#### IONIA COUNTY HEALTH DEPARTMENT

(616) 527-5341

175 E Adams Street, Ionia, MI 48846

www.ioniacounty.org/health-department

We empower residents to live long and healthy lives by protecting the environment, providing health services, and educating the public to achieve positive health outcomes.

<u>Environmental Health Division</u> seeks to protect public health through the application of inspection and permitting activities in the areas of food service, sewage disposal and water supply, housing, nuisance abatement, and solid and hazardous waste elimination. Interaction with the public and with other regulatory agencies provides an opportunity for information to be exchanged, and for hazardous situations to be abated.

Hours for Environmental Health Division: Monday – Friday 8:00 am - 4:00 pm

#### **Personal Health:**

Hours for Personal Health are as follows: Monday, Tuesday, Thursday, & Friday 8:30 am -4:30 pm and Wednesdays 11:00 am to 7:00 pm.

#### **Services Offered:**

Women Infants, and Children (WIC) is a Medicaid supplemental nutrition program for pregnant women and children 0 to 5 years of age.

Eligibility can quickly be determine with a phone call to the WIC Office 616-527-5337.

- Nutritional assessments and services are provided by a Registered Dietitian.
- > Supplemental foods include yogurt, milk, cold and hot cereals, cheese, eggs, bean and peanut butter choices and bread.
- > Special formulas are available for infants with feeding difficulties

- ➤ Within WIC there is a program focusing on breastfeeding provided by an Internationally Board Credited Lactation Counselor that includes classes and support groups to help mothers get started breastfeeding and to continue breastfeeding for as long as possible.
- > Fluoride Varnish is a program for Medicaid clients 0 to 3 years of age; its purpose is to prevent childhood dental cavities.

#### **General Communicable Disease Control:**

> Some infectious disease are required to be reported to the Health Department by physicians and to the State of Michigan Department of Health and Human Services. Staff are knowledgeable and will help with that process. Some examples of reportable diseases are tuberculosis,

hepatitis, rabies, meningitis and others. Staff are available to answer any questions at 616-527-5341.

- Lead testing or screening is a program under Communicable Disease (CD) and available for children that are 12 months to 6 years of age. The screening test is a "finger poke" and if it is within normal range there is nothing more that needs to be done. If the screening results are high, a follow-up blood test is performed at the hospital and CD staff will assist you in discovering the environmental source of lead, order follow-up routine testing, offer information regarding making your home safer and nutritional tips to help keep your child stay healthy.
- Sexually Transmitted Infections offers testing for Chlamydia, Gonorrhea, and HIV. Chlamydia and Gonorrhea infections of individuals and their partners can be treated at the health department. HIV testing, if positive, requires referrals for further testing and medical care. All services are confidential.

#### Maternal Infant Health Home Visiting Program:

- ➤ This program is supported by Medicaid and/or a Medicaid Health Plan. The Program offers nursing and social work support, and nutritional services to pregnant women regarding pregnancy-related issues.
- After the baby is born, the program offers assistance with parenting skills, assessment of normal growth and development and assistance securing additional resources needed for the family.
- The maternal/infant program is intended to supplement prenatal and infant medical care by identifying health risk factors and delivering prescribed interventions.
- > The ultimate goal of the Maternal Infant program is to promote healthy pregnancies and healthy babies.

#### Hearing and Vision screening for preschool and school aged children:

- > Technicians provide both hearing and vision screenings in the schools.
- ➤ Hearing and Vision clinics are held periodically at the Health Department, by appointment. Call (616) 527-5341 to schedule a hearing and/or vision appointment.
- Any child that fails the screening exams is referred to a licensed eye doctor or an Ear, Nose, and Throat specialist for further evaluation as vision and hearing problems can lead to difficulties both at school and at home.

## Children's Special Health Care Services is a mandated Public Health program for children and youth with special health care needs and their families:

- Experienced staff provide required program services that include information regarding covered medical services including paying specialty medical bills, diagnostic referrals, transportation, family support sources, and knowledge of any additional community resources that could be of assistance to the family. Families of all incomes are eligible to join, including those with other health insurance.
- The goal of CSHCS is to help individuals with special health care needs to have improved health outcomes through appropriate medical care, health education and support.
- > CSHCS promotes and incorporates parent/professional collaboration in all program aspects.
- If you have a child with special physical health care needs, please call 616-527-5341 ext. 442.

#### Immunizations are available to children and adults at ICHD walk-in clinics.

Hours for Immunization walk-in clinics are as follows: Monday, Tuesday, Thursday & Friday 8:30 am -4:00 pm and Wednesdays 11:00 am -6:00 pm.

#### IONIA COUNTY HEALTH DEPARTMENT

(CONTINUED)

- ➤ Children: A parent or guardian must accompany the child. Medicaid, Medicaid Health Plans and Blue Cross are insurances billed at the Health Department. A full range of CDC recommended vaccines are available to infants, children and teens.
- Adults: Travel vaccines and other adult vaccines are available and Blue Cross can be billed. Charges for adult vaccines vary according to the vaccine. If you have questions regarding the necessary vaccines for a safe and health trip, please call 616-527-5341 ext. 408.

#### IONIA COUNTY INTERMEDIATE SCHOOL DISTRICT (ICISD)

(616) 527-4900

2191 Harwood Road, Ionia, MI 48846

www.ioniaisd.org

A range of services and programs that include parenting support, developmental assessments, and programs for visually and hearing impaired.

#### **Dolly Parton Imagination Library**

www.ioniaisd.org

Program for children birth to five years old to receive a free book once per month. Must reside within the Ionia County Intermediate School District (*Belding, Ionia, Lakewood, Portland, and Saranac Schools*) to participate.

Early On (800) 327-5966

www.1800earlyon.org

Families who have concerns regarding their child's speech, language, or development can call for a free evaluation. Serving children 0-3 years old by offering home visits and parent education. Referrals can be made locally at <a href="https://www.ioniaisd.org">www.ioniaisd.org</a>, click on Early Childhood Programs and then select Early On.

#### **Great Start Collaborative**

(616) 437-0548

www.greatstartionia.org

A partnership of parents, community leaders, agencies, and organizations in Ionia County working together to support families and promote awareness on the importance of early childhood Experiences. Our goal is to ensure children are born healthy and developmentally on track birth to 3rd grade.

#### **Great Start Readiness Program (GSRP)**

(616) 527-4900

www.ioniaisd.org

Michigan's state-funded preschool program for children who turn 4 on or before September 1st of that school year and have factors which may place them at risk of educational failure. To strengthen learning at home and strengthen positive child outcomes, the program provides for active and continuous involvement of families in the learning process. Preschool applications may be found at the web site or check with your local elementary school.

#### **Parent-Child Playgroups**

(616) 527-4900

www.greatstartionia.org

Literacy based playgroups (in the districts of Ionia, Portland, and Belding) providing child development and resource information for any family with a child age birth to five years.

#### **Share Program** (0-3 Special Education Program)

(616) 522-1410

An early childhood special education program for eligible children that are newborn to three years old and their families providing developmental assessments, home visiting, playgroups, and a parent group.

**Build Up Michigan** 

(888) 320-8384

240 S. Bridge St. Suite 250 Dewitt, MI 48820

www.buildupmi.org

#### IONIA COUNTY INTERMEDIATE SCHOOL DISTRICT (ICISD)

(CONTINUED)

Provides free development evaluations for children, ages 3-5 suspected of having a disability including speech and language impairment, physical impairment, visual impairment, hearing impairment, other health impairment or a developmental delay.

#### IONIA COUNTY LITERACY COUNCIL

(616) 389-8529

301 West Main Street, Ionia, MI 48846

www.ioniacountyliteracycouncil.org

Provides free tutoring services to adults, in Reading, Math, and English as a second language. The schedule and location of individual or small group tutoring is determined by each student and his/her tutor. The Literacy Council also offers opportunities to train as a volunteer tutor.

#### IONIA COUNTY SHERIFF'S DEPARTMENT

(616) 527-5737

133 E Adams Street, Ionia, MI 48846

#### LAKEWOOD CHAMBER OF COMMERCE

(616) 374-8861

P.O. Box 485, Lake Odessa, MI 48849

Serving residents of the Lakewood School District through Christmas baskets for low-income households, emergency utility assistance, fire relief, and through local food pantry.

#### **LEGAL AID OF WESTERN MICHIGAN (Ionia & Montcalm Counties)**

(888) 783-8190

25 Division S., Suite 300, Grand Rapids, MI 49503

www.lawestmi.org

Legal Aid of Western Michigan (LAWM) is a nonprofit law firm providing free legal advice and representation to low income individuals in a broad range of areas including consumer cases, family matters, housing problems, government benefits, and more. You can apply for our services by phone or online. To apply by phone, please call the Counsel and Advocacy Law Line (CALL) at (616) 774-0672 CALL is available Monday- Friday 9:00 am to 5:00 pm, closed 12:00 pm to 1:00 pm. Individuals who are deaf, hard of hearing or speech-impaired can call 616-727-0916, which is Legal Aid of Western Michigan's TTY number, or contact CALL using a relay service. To apply online, please visit www.lawestmi.org/i-need-help/.

<u>FAMILY LAW</u> – Our primary goals are ensuring safety and maintaining stable family relationships. Cases accepted include:

- Divorce for survivors of domestic violence
- In special circumstances, divorce to insure income maintenance and equitable property division

- Defense of custody for natural custodial parents within divorce, custody, support and paternity cases
- Defense of natural parents' rights in minor guardianship cases
- Personal Protection Order representation

<u>HOUSING</u> – Our primary goals are preventing homelessness, maintaining housing stability and access, and improving housing safety and quality. Cases accepted include:

- Eviction defense
- Representing clients facing loss of a federal housing subsidy or denied access to a federal housing subsidy
- Challenging mortgage foreclosures and predatory mortgage lending and servicing practices
- Challenging land contract forfeitures and option contracts
- Mobile home park litigation
- Tax forfeiture defense
- Challenging unfair housing practices

<u>PUBLIC BENEFITS</u> – Our primary goals are income maintenance, food security and health care access. Cases accepted include:

• Representation in Social Security appeals for individuals eligible for State Disability Assistance or receiving State Disability Assistance, cessation cases, and overpayment cases. Representation in administrative hearing/appeals regarding denial or loss of cash assistance, food assistance, child daycare assistance, Medicaid/CHIP assistance, home health benefits, unemployment benefits (including fraud assessments), and veteran's benefits.

<u>CONSUMER MATTERS</u> – Our primary goal is protecting client income and resources from scams to creditor abuses and other unfair practices. Cases accepted include:

- Defense of debt collection actions (including garnishment and repossessions)
- Auto purchase and auto insurance cases
- Bankruptcy for eligible debtors with special circumstances
- Litigation regarding consumer purchases, student loans, debt assignments, utilities and collection tactics

TAX – Our primary goal is preserving client income and assets.

• Tax controversies with the IRS

<u>EDUCATION</u> – Our primary goals is ensuring access to education. Cases accepted include:

• Expulsion hearings

<u>INDIVIDUAL RIGHTS</u> – Our primary goal is to remove barriers to employment and housing caused by criminal records or offender registries. Cases accepted include:

- Criminal record expungements
- Sex offender registry removal petitions
- Child abuse registry removal hearings

MANPOWER (616) 527-6688

429 W Main Street, Ionia, MI 48846

www.manpower.com

Helps to find temporary and permanent job placement.

#### MCKINNEY VENTO HOMELESS STUDENT SUPPORTS

(616) 225-6126

621 New Street, P.O. 367, Stanton, MI 48888

Working with the students, families and schools to provide support, safety and success to students and their families experiencing homelessness. Working with agencies, churches and organizations to accomplish stability and school success for these students. "Leading, collaborating and serving to create education without Boundaries."

#### MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS) (616) 527-5200

920 E Lincoln Avenue, Ionia, MI 48846

www.michigan.gov/dhs

Office hours: Monday- Friday 8:00 a.m.- 5:00 p.m. Online applications for public assistance programs can be submitted anytime online through IBridges: <a href="www.michigan.gov/MIBRIDGES.">www.michigan.gov/MIBRIDGES.</a>
A number of financial assistance programs are offered including food assistance (TANF/SNAP), medical assistance (Medicaid), child care funding assistance, cash assistance (disability/family assistance), and state emergency assistance (utility, shelter, repairs). Child and adult services related programs are also offered including crisis prevention services, child foster home licensing, foster care placement, home help assistance and volunteer services.

#### **Adult/Child Protective Services**

This number (855) 444-3911 is available 24 hours a day 7 days a week to report any incident of suspected child or adult abuse/neglect.

#### MICHIGAN LEGAL HELP

Free and accurate legal information for simple civil legal matters.

www.michiganlegalhelp.org

#### MICHIGAN MIGRANT LEGAL SERVICES

(616) 454-5055

1104 Fuller NE, Grand Rapids, MI 49503

www.migrantlegalaid.com

Provides legal services to indigent migrant & seasonal farm workers & their families, regardless of their immigration status.

#### MICHIGAN STATE HOUSING DEVELOPMENT AUTHORITY (MSHDA) (517) 241-0809

735 E Michigan Avenue, PO Box 30044, Lansing, MI 48909

www.michigan.gov/mshda

Call to obtain number of local agent. Provides financial and technical assistance through public & private partnerships to create and preserve safe/decent/affordable housing. Rental assistance and homeless solutions Housing Choice Voucher program (Section 8) applications.

#### MICHIGAN STATE POLICE

**Emergencies call 911** 

(989) 352-8444

10300 Howard City-Edmore Road, Lakeview, MI 48850

www.michigan.gov/msp

Lobby hours: 8:00 am – 4:00 pm. This post covers Gratiot, Ionia & Montcalm Counties.

#### MICHIGAN STATE UNIVERSITY EXTENSION OFFICE

(616) 527-5357

50 E Sprague Road, Ionia, MI 48846

www.msue.msu.edu

Hours: Monday-Friday 8:30 am -12:00pm and 1:00pm - 5:00pm. Services offered: Food and nutrition planning, 4-H, and budgeting skills. Provides information concerning agriculture and housing foreclosure prevention.

#### MICHIGAN BICKERS HELPING VETERANS

A nonprofit charity that receives donated funds to distribute here in Michigan to provide assistance to families of the fallen and/ or wounded service personnel, or veterans in critical financial need. Helping in the form of financial help like bills, rent, or repairs. You can apply for help on our website.

www.michiganveterans.com

Serves as the central coordinating point for Michigan veterans, connecting those who have served in the U.S. Armed Forces, and their families, to services and benefits throughout the state. The agency works to identify and break down barriers veterans face in employment, education, health care and quality of life, making Michigan a great place for veterans and their families to call home. The agency aggregates veterans services currently found in 14 state agencies as well as hundreds of community-based veteran programs to create a no wrong door access to benefits and services.

#### MICHILD/HEALTHY KIDS

(888) 988-6300

www.healthcare4mi.com

Provides health insurance for uninsured children of Michigan's working families. Covers regular check-ups, shots, emergency dental care, pharmacy, hospital care, prenatal care and delivery, vision, hearing, mental health and substance abuse services for a \$10 monthly fee. Go to www.michigan.gov/mibridges to apply online or to print paper application:

- Click on Health
- Click on MIChild Health Insurance Program
- Click on Application for Health Coverage
- Click on Apply by Paper (if need paper application)
- Print your document(s)

#### MID-MICHIGAN MIGRANT & ENGLISH LANGUAGE LEARNERS

(616) 794-4753

Operated by Belding Area Schools, 1975 Orchard Street, Belding, MI 48809

www.bas-k12.org

The program provides supplemental educational services for eligible migrant students and for English Language Learners (EL) in 18 school districts covering most of Montcalm, Ionia, Clinton, and Gratiot Counties. The primary purpose of the program is to provide direct instructional services to eligible students, including a Parent Liaison/Community Liaison who helps to provide a communication link between home and school. The program also operates a 30-day summer school for eligible migrant and EL students in the four counties. Transportation provided to the schools in Belding & St. Johns from the four-county area.

#### MID STATE HEALTH NETWORK (MSHN)

(844) 405-3094

530 W Ionia Street, Lansing, MI 48933

midstatehealthnetwork.org

Coordinating agency for the eight county region of Clinton, Eaton, Gratiot, Hillsdale, Ingham, Ionia, Jackson, and Newaygo, for behavioral health and substance abuse services. Prepaid Inpatient Health Plan.

#### MONTCALM COMMUNITY COLLEGE - IONIA CENTER

(989) 328-2111

250 E Tuttle Road, Ionia, MI 48846

www.montcalm.edu

Offers Associates Degrees and Certificates in Liberal Arts and Occupational Programs. Job training programs are offered to meet the needs of the changing economy. Provides educational opportunities via credit and non-credit classes, both online and in a traditional classroom setting. In addition to the main campus in Sidney, the college has learning centers in Ionia, Greenville, and Howard City. On-site workplace training can be arranged. A pool, gym and fitness center, including a climbing wall, is available for a minimal cost on the main campus in Sidney.

#### MONTCALM IONIA COLLEGE ACCESS NETWORK (MICAN)

(616) 527-3319

www.micanonline.org

Provides guidance for individuals interested in education after high school. This can include community college, universities, military, trade/vocational/technical schools, etc. Can help fill out college applications, filing for Free Application for Federal Student Aid (FAFSA) or finding college information.

Children's Hospital of Michigan Regional Poison Control Center

Twenty-four hours a day, seven days a week. Call for any possible poisoning concerns.

#### PORTLAND ALTERNATIVE AND COMMUNITY EDUCATION

(517) 647-2987

1090 Ionia Road, Portland, MI 48875

www.pace.portlandk12.org

Offers alternative education to teens, 8<sup>th</sup> grade-19 years old. Also offers adult High School completion classes for adults over 20 years old. Virtual school, 7<sup>th</sup> grade-19 years old.

#### PORTLAND AREA SERVICE GROUP

(517) 647-4004

144 Kent Street, Portland, MI 48875

Provides Bingo on Mondays at 6:00 pm and Fridays at 9:30 am. Euchre and Set Back are played on a regular basis. Please call the Center for a schedule at (517) 647-4004.

#### **MILITARYONESOURCE**

(800) 342-9647

www.militaryonesiurce.mil

This service is provided by the Department of Defense at no cost to active duty, guard and reserve (regardless of activation status) and their families. It is a virtual extension of installation services.

#### POSITIVE SOLUTIONS INFORMED CHOICES (PSIC)

(616) 755-6077

330 Lovell Street, Ionia, MI 48846

www.psicionia.org

Hours: Mondays and Thursdays 10:00 am - 2:00pm & Wednesdays 1:00 pm - 7:00 pm. Free and confidential services, pregnancy testing, limited ultrasounds, options consultations, educational classes, maternity & baby boutique, family resources. Call for an appointment. Text HELPLINE to 313131 or call 24 hour option line at 1-800-712-HELP.

#### RANDY'S HOUSE OF GREENVILLE

(616) 232-2915

407 S Nelson Street, Greenville, MI 48838

www.randyshouse.com

Hours: Monday-Friday 9:00 am - 5:00 pm. Intake is available 24/7 and the intake phone number is (616) 498-2464. Serves 21+ counties including Gratiot, Ionia, Isabella and Montcalm. Offers a sober safe living environment for both men and women, recovery services and programming, recovery coaching, peer to peer groups, multiple pathway groups, MSU Extension services, family programming, relapse prevention, referral to outpatient services, connection to a primary care physician and dentist, a pathway for upward mobility, increased responsibility, help with funding and fellowship.

#### RELIEF AFTER VIOLENT ENCOUNTER (RAVE)-IONIA/MONTCALM, INC (616) 527-3351

Ionia Safehouse

24-Hour Crisis Line (800) 720-7233(SAFE)

Crisis Response Advocate

(616) 527-3351 Ext.231

Volunteer Coordinator

(616) 527-3351

Outreach Counseling/Greenville Office

(616) 225-2118

RAVE offers <u>free</u> and <u>confidential</u> services to survivors of domestic and sexual violence. Individual counseling and support groups, Legal advocacy/Resources & Referrals, Safety Planning/Case Management/Crisis Intervention, Education and Prevention for victims, Emergency shelter for domestic and/or sexual assault survivors. \**This is NOT a homeless shelter*.

#### RIVER'S EDGE DROP-IN CENTER

(616) 522-9773

302 E Main Street, Suite 2, Ionia, MI 48846

email: r.cent@att.com

Hours: Monday-Saturday 10:00 am - 4:00 pm. River's Edge Drop-in Center, or REDIC. A community center for adults with mental illness. Must be 18 years or older. You don't have to have a developmental disability to participate in the support groups.

#### SERVICE TO SOLDIERS LEGAL ASSISTANCE REFERRAL PROGRAM

(517) 371-5140

Service to Soldiers Legal Assistance Referral Program through Cooley Law School helps service men and women resolve legal problems they face upon return from deployment by matching them with volunteer attorneys across Michigan. Contact-Heather Spielmaker.

#### SLEEP IN HEAVENLY PEACE

(844) 432-2337

www.shpbeds.org

All children deserve a safe, comfortable place to lay their heads. Too many children go without a bed- or even a pillow- to sleep on. These children end up sleeping on couches, blankets, and even floors. This can affect their happiness and health. That is where Sleep in Heavenly Peace comes in. We are a group of volunteers dedicated to building, assembling, and delivering top-notch bunk beds to children and families in need. For children aged 2-17 years old. You must apply through the website listed.

#### SOCIAL SECURITY ADMINISTRATION

www.ssa.gov

1940 Sweeney Street, Mt. Pleasant, MI 48858

(877) 405-7667

730 Water Tower Road, Big Rapids, MI 49307

(855) 245-0641

3045 Knapp Street NE, Grand Rapids, MI 49525

(877) 319-5710

Hours: Monday-Friday 9:00 am – 4:00 pm, Wednesday 9:00 am – 12:00 pm.

Administers the Social Insurance programs for retirees, adults/children with disabilities, widows & widowers for retirement, disability, and survivor's benefits.

#### SPECIAL OLYMPICS MICHIGAN

(989) 774-3911

111 Hillcrest Street, Greenville MI 48838

www.somi.org

Contact Person: Richard Nostrant, (616-788-7616 cell) Director, Area 6–Montcalm/Ionia Counties. Year-round sports training and competition is provided to children and adults with intellectual disabilities. The minimum age for competition is 8 years-old but training opportunities for young athletes (ages 2 years to 7 years) are also available.

#### THE RIGHT DOOR FOR HOPE, RECOVERY, AND WELLNESS

24-Hr (888) 527-1790

375 Apple Tree Drive, Ionia, MI 48846

www.rightdoor.org

7441 Storey Road, Belding, MI 48809

208 W Bridge Street, Portland, MI 48875

Provides various services such as: 24-Hour Crisis Response and Intervention; Access to individuals seeking behavioral health services; Assertive Community Treatment; Applied Behavioral Analysis; Applied Suicide Intervention Skill Training (ASIST); Community Inpatient Treatment; Community Living Supports; Family Support and Training; Functional Behavioral Assessment (FBA) and Behavior Treatment Planning; Home Based Services; Housing Assistance; Infant Mental Health,

#### THE RIGHT DOOR FOR HOPE, RECOVERY, AND WELLNESS

(CONTINUED)

Integrated Healthcare Coordination; Jail Diversion; Juvenile Justice Liaison; Nursing Home Mental Health Assessment and Monitoring; Older Adult/Alzheimer-Dementia Supports; Outpatient Therapy- Individual, Family, and Group; Parent Support Partner; Peer Support; Psychiatric Care; Respite Care; School-based Outreach; Supported Employment; Targeted Case Management and Supports Coordination; Treatment Foster Care; Wraparound Services and Veteran Services.

Provides various group therapy such as: Anger Management; Caring for Children with Trauma; Chronic Pain Group; Cognitive Behavioral Therapy (CBT); Cognitive Behavioral Therapy (CBT) for Teens; Community Activities; Dialectical Behavioral Therapy (DBT); DBT for Teens; Gardening; Get Out and Play; Grandparents Group; Grief and Loss; Healthy Relationships; Just Craftin' Around; LGBTQI; Love & Logic; Men Supporting Men; Mindfulness Movement; Nurturing Parent Group; Parent Support Group; Pursuing Recovery Group; Recovery Stick Group; Seeking Safety; Stress Less; Survivors of Suicide; The Great Outdoors; Women's Support Group; and Young Men's Life Guidance.

For more information on these services and group therapy please go to www.rightdoor.org or call (616) 527-1790.

#### TRI-COUNTY HOMEWORKS PEOPLE FUND

(800) 421-8956 ext. 1272

7973 E Grand River Avenue, Portland, MI 48875

www.homeworks.org

Provides coverage to certain areas of Ionia County. The mission is the accumulation and disbursement of funds for charitable purposes for the benefit of persons in the Tri-County Electric service area. This shall be accomplished by disbursement of funds to individuals and organizations for food, shelter, clothing, health, and other humane needs for programs or services that benefit a significant segment of a community. See website for more details and application.

#### TWO RIVERS COUNSELING

(517) 647-4747

307 Kent Street, Portland, MI 48875

www.tworiverscounselingpc.com

Provides adult counseling including trauma, grief, and loss & substance use/addictions including gambling.

#### UNITED STATES DEPARTMENT OF VETERAN AFFAIRS (VA)

(844) 698-2411

www.va.gov

Serves as the central coordinating point for Michigan veterans, connecting those who have served in the U.S. Armed Forces, and their families, to services and benefits throughout the state. The agency works to identify and break down barriers veterans face in employment, education, health care and quality of life, making Michigan a great place for veterans and their families to call home. The agency aggregates veterans services currently found in 14 state agencies as well as hundreds of community-based veteran programs to create a no wrong door access to benefits and services.

#### UNITED WAY OF MONTCALM-IONIA COUNTIES

(616) 794-9840 or (800) 417-2622

10260 S Sheridan Road, PO Box 87, Fenwick, MI 48834

www.liveunitedm-i.org

Hours: Monday–Friday 8:00 am - 4:00 pm. Referrals to local agencies that assist in meeting community needs. Volunteer Connections Program provides volunteer opportunities for both individuals and groups. VITA (Volunteer Income Tax Assistance) provides free tax preparation for low-to-moderate income residents in many locations across Montcalm and Ionia Counties. Prescription savings card.

(616) 942-4111 ext. 6

3260 Eagle Park Drive, Suite 107, Grand Rapids, MI 49525

www.rd.usda.gov/mi

Hours: Monday–Friday 8:00 am - 4:30 pm. Finances direct home loans in rural areas for modest housing to households at or below 80% of the adjusted median income. Issues loans and grants to very-low income rural homeowners to improve or modernize their home; make their home decent, safe and sanitary; remove health and safety hazards; or to repair or remodel their dwelling to make it more accessible and usable for household members with a disability.

#### VETERANS CRISIS LINE

(800) 273-8255, press 1

www.veteranscrisisline.net

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring, Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, and 365 days a year. Support for deaf and hard of hearing individuals is available.

#### **VIEWPOINTE COUNSELING**

(616) 523-6537

441 Swartz Court, Ionia, MI 48846

www.viewpointecounseling.org

The team of providers at Viewpointe Counseling offer a wide variety of mental health services. Providing outpatient services in a safe and relaxing setting, where all clients are treated with dignity and respect. Persons of all incomes with private insurance or Medicaid/Medicare are welcomed.

#### **VETRANS SERVICE OFFICE- IONIA COUNTY**

(616) 755-1002

375 Apple Tree Dr Ionia, MI 48846

Hours: Monday- Friday 8:00 am- 5:00 pm.

#### VIEWPOINTE COUNSELING

(616) 523-6537

441 Swartz Court, Ionia, MI 48846

www.viewpointecounseling.org

The team of providers at Viewpointe Counseling offer a wide variety of mental health services. Providing outpatient services in a safe and relaxing setting, where all clients are treated with dignity and respect. Persons of all incomes with private insurance or Medicaid/Medicare are welcomed.

#### **WEST MICHIGAN WORKS!**

(616) 389-8525

301 W Main Street, Ionia, MI 48846

www.westmiworks.org

Hours of operation: Monday-Friday 8:00 am - 5:00 pm. Service Center services are open to everyone. Specialized services may be available to dislocated workers, displaced homemakers, unemployed or underemployed adults and youth. Services available include job search preparation and skills, resume preparation, applications, interviewing, labor market information, Pure Michigan Talent Connect www.mitalent.org, career assessment, older workers workshop, occupational training and employment related support services.

#### WOMEN'S RESOURCE CENTER

(616) 458-5443

678 Front Avenue NW, Suite 180, Grand Rapids MI 49504

www.grwrc.org

Hours: Monday, Wednesday and Thursday 9:00 am - 5:00 pm; Tuesday 9:00 am - 7:00 pm and Friday 9:00 am - 12:00 pm. Gender specific assistance focusing on low-income single mothers, women who are justice-involved, and unemployed/underemployed women facing challenges in the workplace. Services include: career exploration, employability & life skills, education/training, assistance, classes & workshops, mentoring/support groups, business center, professional clothing, and scholarship program.

#### OTHER HELPFUL RESOURCES

#### SPAY NEUTER EXPRESS

(616) 897-8865

www.spayneuterexpress.com

Spay Neuter Express is a team of 3 doctors, many veterinary assistants and technicians, office staff, 2 mobile surgical units with multiple brick and mortar locations. Our goal each and every day is to provide you with an excellent service at a very fair and responsible cost. We work with families with individual pets, as well as rescues, shelters and humane societies. We are privately funded and do not use tax dollars to provide our services. We value our pets as part of the family, and realize that our clients feel the same way. Each pet is treated with care and respect. Services offered include: low cost/high quality spay/neuter, vaccinations, routine testing, parasite control, and microchips.

## **Michigan Government Directory**

#### Governor

Gretchen Whitmer PO Box 30013 Lansing, MI 48909 (517) 373-3400

Gretchen.Whitmer@michigan.gov

#### **Attorney General**

Dana Nessell PO Box 30212 Lansing, MI 48909 (517) 373-1110 miag@mi.gov

#### U.S. Senator

Gary Peters
724 Hart Senate Office Building
Washington, D.C. 20510
(202) 224-6211
senator@peters.senate.gov

#### **U.S. Representative**

Justin Amash 106 Cannon House Office Building Washington, D.C. 20515 (202) 225-3831

Website: <a href="https://amash.house.gov">https://amash.house.gov</a>
District 3

(Includes Ionia & Montcalm Counties)

#### **Michigan Senator**

Rick Outman P.O. Box 30036 Lansing, MI 48909 (517) 373-3760

oscroutman@senate.michigan.gov

District 33

(Includes Gratiot, Isabella, & Montcalm Counties)

#### **Michigan Representative**

Julie Calley N-1191 House Office Building, P.O. Box 30014 Lansing, MI 48909 (517) 373-0842

<u>JulieCalley@house.mi.gov</u> **District 87** (Includes Ionia County)

#### **Michigan Representative**

Graham Filler N-1197 House Office Building, P.O. Box 30014 Lansing, MI 48909 (517) 373-1778

GrahamFiller@house.mi.gov

**District 93** (Includes Gratiot County)

#### **Lieutenant Governor**

Garlin Gilchrist II PO Box 30013 Lansing, MI 48909 (517) 373-3400

Garlin.Gilchrist@michigan.gov

#### **Secretary of State**

Jocelyn Benson 430 West Allegan Street, 4<sup>th</sup> Floor Lansing, MI 48918 (517) 373-3400

Website: www.michigan.gov/sos

#### **U.S. Senator**

Debbie Stabenow 731 Hart Senate Office Building Washington, D.C. 20510 (202) 224-4822 senator@stabenow.gov

#### **U.S. Representative**

John Moolenaar 117 Cannon House Office Building Washington, D.C. 20515 (202) 225-3561

Website: <a href="https://moolenaar.house.gov">https://moolenaar.house.gov</a>

District 4

(Includes Isabella & Montcalm Counties)

#### **Michigan Senator**

Dr. John Bizon P.O. Box 30036 Lansing, MI 48909 (517) 373-2426

senjbizon@senate.michigan.gov

District 19

(Includes Ionia County)

#### **Michigan Representative**

James Lower S-1089 House Office Building, P.O. Box 30014 Lansing, MI 48909 (517) 373-0834

JamesLower@house.mi.gov

District 70 (Includes Gratiot & Montcalm Counties)

#### **Michigan Representative**

Roger Hauck S-1288 House Office Building, P.O. Box 30014 Lansing, MI 48909 (517) 373-1789

RogerHauck@house.mi.gov
District 99 (Includes Isabella County)